

LAKE FOREST YACHT CLUB

PORTHOLE • NEWS

August 1996

Aug. 3...... All-Day Fabulous Family
...... Fun & Games Picnic (note
....... day change fr. Sun to Sat)
Aug. 17..... 2nd Annual Family Beach
...... Camp-Out
See the calendar inside for details

Upcoming Goodies

Sept. 8 Lake Forest Golf Outing, tee times 8:45, 9:45-10AM \$45/p, info Glenn -3542

Swim Team Stuff

Lake Forest Swim Team home meets: July 31at Randolph, & possible playoff for league first place Aug. 3

See p. 2 for NEW LFYC Office hours



BOARD OF TRUSTEES

Bernard Genaud	Co	-4649	
Bob Drummond	Se	-0074	
Tom Morris	Tr	-4019	
Richard Stafford	-2605	Jeff Bessemer	-1916
Craig Peters	-5120	Bob Luongo	-1793

TRUSTEE COMMITTEE ASSIGNMENTS

BOB DRUMMOND

TOM MORRIS

BOB LUONGO

Land Sale • By-Laws • Insurance

Swim Team • Galley

Budget • Nominating • Grounds/Maint.

BERNARD GENAUD

Social • Beach Welcoming/Membership RICHARD STAFFORD Security • 5 Year Plan

Porthole

JEFF BESSEMER

House • Tennis/Sports/Sailing Grounds/Maintenance • Security CRAIG PETERS

Nursery School • Docks Co-Grounds/Maintenance

LFYC Office — 663-0158 — Tues • Thurs • 8 am to 2 pm • Sat 9 am to noon

Mrs. Margaret Dam, Administrative Assistant

House Chairman - Grace Bacorn -2944 • Nursery School Chairman - Dori Russo -3128 Recreation Director - Kathy De Sena -1629 • Swim Team - Marlene Genaud -4649 Security - to report trespassers • in case of emergency • call Jeff. Twp. Police 697-1300

The Porthole is published by MG LaserPublishing. Ad Info - Marlene 663-4649

BABOSOODBBS

Red Cross			Red Cross						
_	name	age	certified	phone	name	age	certified	phone	
	Jessica Levinson	12	yes	1383	Lydia Oser	15	yes	5820	
	Robyn Faruolo	13	yes	2166	Elaine Sutcliffe	17	-	0632	
	Lisa Greene	16	yes	1128	Lydia Seeland	12	yes	1693	

To be included on the Babysitters List leave your name, age, phone, whether you've completed the Red Cross Babysitting Class on the answering machine 663-4649. (LFYC membership required.)





MISSION ACCOMPLISHED!! Yacht Club Dr. Land Sold • Summer Fun Continues

Dear Members,

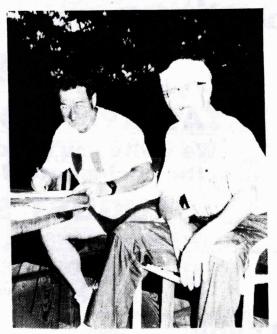
have sold the Yacht Club Dr. lakefront propv! For most of our members this announcement this will seem like a footnote to our beautiful summer months; however, for those members who persisted during 15 years to make this transaction possible there is a real sense of elation and relief. The whole process, from removing the restrictions on the property to the final closing was an olympic marathon combined with a multitude of hurdles. On behalf of the present board I want to thank all previous trustees and commodores who participated in the process. I also believe that four persons stood out in all these years and to give the history of our club some justice we should recognize Bernard McCarron, Marlene Genaud, Greg Plifka and certainly Bob Drummond, whose past 5 years of patience, perseverance and endurance brought the sale it its conclusion. In accordance with our by-laws the proceeds of this sale will secure our membership bonds.

We wish the new owners the best and hopefully they will become members themselves.

Now that the sale of the Yacht Club Dr. operty has closed we would like very much sell another piece, the triangular property lying behind Harbor and Commodore Drives. This property has no benefit to the Club while we continue to pay its taxes and maintenance. If someone or a group of persons are interested on a deal, the Club is ready to negotiate.

Concerning the social scene this summer—the July dance, with music by *Tropical Storm*, was a lot of fun. Now we are preparing for the Saturday's Family Fun and Games Picnic.

Right now the Trustees are looking for a member(s) with the knowledge to help improve the water quality of our swimming area. We believe we need some kind of aerator or cir-



culator. Please call Craig Peters -5170 or Bob Drummond -0074 if you can help.

In that same vein Craig and Bob are looking for members who would like to help on some upcoming projects. The biggest involves the lake's next 5-Year-Drawdown in the Fall of '97. This will permit us to make such improvements such as dredging the high dive area and the A dock area, and smooth the boat launching ramp. Requiring more preliminary work are plans to rebuild B & C docks and, in the process, make improvements to their layouts. Possibilities include regulating the maximum boat size. This are major projects for LFYC and Craig and Bob are encouraging members to get involved in these committees.

I hope you will enjoy this last month of summer – especially by enjoying the LFYC facility and friends. Bon etc.

Bernard Genaud, Commodore

GRAND RE-OPENING • HURDTOWN PLAZA

AMERICAN

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We invite you to come experience the ancient art of Tae Kwon Do.

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1 YEAR - \$400.

6 MONTHS - \$250.

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- Plus, Get in Shape

Martial Arts training is fun and exciting. Anyone can do it! Tae Kwon Do is for Men, Women, Boys, GIrls ages 3 and up.

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SPALDING



SIGN-UP FOR FALL ART CLASSES

- Kid's Basic Drawing & Color Mon. 4PM
- Adult Watercolor Tues 6:30PM
- Adult Oils Mon/Thurs 6:30PM **BACK-TO-SCHOOL SALE - NOW!**

Hobby Horse Arts & Crafts

Mon-Sat 9:30-5 PM, Sun. 11-4 PM TIME CO

Thus till 7PM

idspor. For Young Athletes

1st Anniversary Special

Buy 1 pair of sneakers at reg. price **GET 2ND PAIR 1/2 PRICE!**

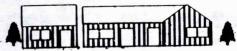
2nd pr. must be of equal or lesser value, 8/10-31/96 Football & Soccer Start Soon! cleats • pads • shinguards • balls

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Tu-Th 11-5 Fri 11-7 Sat 10-5 Sun 11-3 Closed Mon

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663-2541 808 Rt. 15 South, Jefferson

HURDTOWN HAPPENINGS

- Aug. 24 Karate School Grand Re-Opening -FREE demos at 12:30 and 1:30 PM
- Aug. 24 First Anniversary Celebration ALL DAY! at KidSport & Deltonics
- NOW! Back-to-School bargains-Allyson's Consignments
- NOW! Open Registration-Children's Art Classes (Mon 4-6 PM, beginning Sept. 10)

OUR FIRST ANNIVERSARY

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Free Estimates 663-6091

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> \$2.00 OFF

LYME DISEASE PREVENTION

A Notice from the Jefferson Township Health Department

Although Lyme disease has been reported from 47 states, New Jersey is one of the eight states reporting over 90 percent of all cases nationwide. Morris County is now the second highest county at risk with this tick-borne disease. Recent statistics show the number of cases reported per county.

Hunterdon County
Morris County
Somerset County
Warren County

565 cases reported; case rate of 491 per 100,000 residents
232 cases reported; case rate of 53 per 100,000 residents
177 cases reported; case rate of 68 per 100,000 residents
50 cases reported; case rate of 62 per 100,000 residents

To protect your family, the Board of Health suggests you follow the guidelines below:

Wear light-colored clothing covering legs and arms.

Tuck pants into socks and wear closed shoes.

Apply tick repellent containing DEET or permethrin. Follow label instructions.

Check your body for ticks when coming in from outdoors.

If you find a tick promptly grasp tick with tweezers as close to skin as possible. Pull backward applying firm, steady pressure. Clean area with antiseptic. Save tick in jar with moist paper towel for identification by local health department, or call the Rutgers Coop. Ext.—Agricultural Dept.

Early diagnosis is important. Consult your physician as soon as symptoms appear, usually 1-2 weeks after the tick bite. Early symptoms include a red expanding rash that grows bigger than 2", often appearing as a bullseye. Flue-like symptoms, fatigue, muscle aches, low-grade fever, chills, headache. Second stage symptoms can occur weeks or months later and include: Severe headaches, encephalitis, paralysis of facial muscles, abnormal heartbeat, numbness, withdrawal, loss of confidence lethargy, etc. Third stage symptoms occur months or years later and include: arthritis, fatigue and loss of memory. Early detection is your best defense. Be vigilant and cautious.

Beach News from Kathy

Our Roller Skating Party, held at Wheels In Motion, was a huge success. Both children and adults, plus their guests, had a fun-filled evening of music, socializing and skating. Hopefully we can repeat this event during the winter months.

We also had a wonderful evening of socializing and dancing when Kevin McArdle and *Tropical Storm* entertained members and their guests. The food was by Pies-On Pizza and Costco and great! Many thanks to all of the members that made this a fantastic evening.

Please watch the office bulletin board and the galley area for postings of upcoming events, sign-ups for events and last minute changes...and don't miss the Beach Closing Picnic Aug. 31.

TAKING A GARDEN INVENTORY

GARDENING TIPS

by Jim McGraw

With this issue Lake Forest's Jim McGraw begins a column using knowledge he's gleaned from years of gardening at his Lake Forest home.

I would like to remind you that August and early September are good months to take inventories.

Inventory your garden supplies —garden centers start running clearance sales on all types thought that I would pass on a few gardening pointers I have discovered which could save you time, money, and heartache. The following tips have been time tested. This month I'd of lawn and garden products at substantial savings. You may find many of the products you'll need in the following year for as much as 50% off.

Now is also a favorable time to take inventory of the plants that you will need next spring. Obviously, you are not going to purchase plants now, but it's a perfect time to write down the plants you will want —both quantities and colors. By doing this now, you will save a lot of time and head scratching next spring.

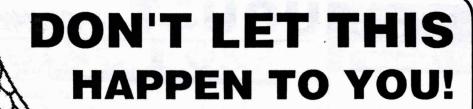
Garden centers also run great sales on perennials, shrubs and trees starting in mid-September. Bulbs for spring flowers can be purchased at big savings if you shop around. All of these are best planted in the late summer or fall. Watch the advertisements and flyers in the paper—usually after Labor Day. If you have trouble with squirrels digging up and eating your bulbs, after planting, put light weight fencing over them. The technical name of the fencing that I use if 1/2" hardware cloth. This can be purchased at hardware stores or lumber yards. Remember to remove the fencing after the snow melts in the spring. Don't let the plants start to grow through the fencing.

A rule of thumb is not to prune/trim azaleas after mid-July. They start setting buds for the following year about that time. There is a strong risk of cutting off newly formed buds by pruning after July 15th.

Did you know that the majority of gardeners are women over the age of 45?

Looking for a Softball or Volleyball Game?

...well we're looking for men and women interested in playing Monday evenings starting at 7:30 PM. Come on down to the Club and join the fun!





111 East Shawnee Trail 136 East Shawnee Trail 41 Ripplewood Drive 63 West Shawnee Trail 3 BR Split \$139.900 Lake Front 149,900 Lake Front 269,000 2 BR Starter 109,000

RECENTLY SOLD HOMES:

2 Ripplewood Drive 85 East Shawnee Trail 19 Yacht Club Drive Lake Forest U/C Lake Shawnee Closed Lake Forest Sold

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				1 Swim Lessons Crafts 2pm	2 Swim Lessons Roller Hockey 7:30 pm	3 All-Day Fabulous Family Fun & Games Picnic 3-9 pm Swim Team - possible playoff for league first place
4 raindate: All-Day Fabulous Family Fun & Games Picnic 3-9 pm	5 Swim Lessons Men's Softball 7pm	6 Crafts 2pm	7 Breakfast on the Beach	8 Swim Team League Trials at Roxbury, all day	9 Roller Hockey 7:30 pm	10 Swim Team League Finals at Roxbury, 8-noon
11 Ice Cream Sunday 2pm	12 Women's Softball 7pm	13 Crafts 2pm	14	15 Family Pizza Nite 7pm, \$5/family, bring salad or dessert Ad. Volleyball 7pm	16 Roller Hockey 7:30 pm	17 2nd Annual Family Beach Camp-A-Ree 7:30pm
18 Camp-Out Breakfast 8am	19 Volleyball 7pm	20 Crafts 2pm	21 Lunchon the Beach, noon	22 Craft, 2pm	23 Roller Hockey 7:30 pm	24
25	26	27 Crafts, 2pm	28	29 Crafts, 2pm	30 Roller Hockey 7:30 pm	31 End-of-Summer Family Beach Bash 5pm

Lake Shawnee/Lake Forest

TRADING POST

3 months FREE to members call Mariene 663-4649

HOUSEHOLD ITEMS FOR SALE

- 14ft. Sunfish, complete w/long & short rudders, \$500, call Tony -0753
- Ariens lawn mower, LM21S, w/catcher & thatcher, BO, call Jan -4292
- waterbed, complete dark pine, queeen size w/6 drawers & bookcase headboard, \$150 or BO, call Nancy -0342 or -1764
- sm. Avanti refrig, brand new, \$150, orig \$170, call Andy -0790
- '84 SeaRay SunDancer, 26 ft, sleeps 5, 260hp, loaded, \$9500 or antique car trade, call Bob 2205
- "Hooked on Phonics" used 2-3x, \$155, orig. \$200; "Hooked on Math" unopened pkg, \$120, orig \$150; both \$275 or BO; math & reading head start for PreS thru Gr. 2; call Michael or Nora -0750
- air conditioner, White Westinghouse, 5,200 BTUs, fits standard double hung window, used only 1 season, \$225, call Nancy -1517
- girls 20" 10 speed bike, pink/grey, good condition, \$40, call -1517
- 8' x 16' floating dock, CCA lumber, excellent ondition, \$400 or best offer, call Kathy -5674
- 24' travel trailer, good cond, liv. rm, bdrm, bathw/ shower, kitchen w/apps, \$4000, call Marc -5551

HOUSES/CONDOS FOR SALE/RENT BY OWNER

FOR SALE by owner, Lk. Shawnee, lovingly maintained ranch, 4 BR, 2 bath, fam. rm. DR. new kitchen, landscaped level lot, paved driveway, 1-car garage, attic, basement, whole house renovated '89. many perks, must see, \$175,000, call Nancy -0342 FOR RENT N. Topsail Beach NC ocean front condo. sleeps 6, last 2wks Aug, \$625/wk, call Judy -0801 FOR RENT Stratton Mtn condo (southern Vermont.) condo, sleeps 6, outdoor heated pool, near golf courses & Manchester Ctr (unique shops, dining); \$300/week, call Dave or Barbara -1051 FOR PURCHASE Know anyone interested in purchasing a picture perfect, lakeview Lk. Forest house? Please call owner, Daria -1692 FOR RENT Wildwood Crest 2 bdrm condo, sleeps 6, lg pool, AC, cable, off-street pking, 2 1/2 blks to beach, family or couple rentals only-no grps, \$625/ wk July & Aug, \$225/midwk offs, call Jack -0329 FOR SALE raised ranch house, 3-4 bedrm, fam. rm, eat-in kitchen, 1 1/2 baths, 1 car garage, lg deck, Lk Forest, asking \$134,000, call Christine Colman 729-2700, or evenings 579-2005 BEACH HOUSE FOR RENT Long Beach Island duplex, 2 BR, 2 bath ea. floor, 5 houses from beach, call Jeff -4230

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HOMES AVAILABLE IN LAKE SHAWNEE

PRICE	LOCATION	STYLE	RMS	BD	BA	GA	REMARKS
\$63,000	14 Shawnee Pky	Ranch	4	1	1		Stone Fireplace, great starter
\$99,500	29 Highview Tr	Colonial	4	2	1		Level lot, deck off master
\$99,900	3 Highview terr	Ranch	6	2	1		20' family room
\$107,500	3 S. Parkway	Bungalow	5	2	1		
\$109,000	63 W.Shawnee Tr	Ranch	5	3	1		Large deck
\$109,900	21 Deer Tr Point	Exranch	10	6	2		Handyman, lakefront
\$109,950	40 E Shawnee Tr	Ranch	5	3	1		Fireplace, full basement
\$114,975	22 Shawnee Pky	Ranch	6	3	1		Lg dining room, level lot
\$115,000	4 Beaver Point	Ranch	5	1	1		Family room, waterfront
\$117,500	16 South Parkway	Ranch	5	3	1		Cath.ceil./fireplace
\$124,900	21 W.Lakeview	Ranch	5	2	1	1 car	Lake view, Fireplace
\$139,500	111 E Shawnee Tr	Split level	7	3	-1		Family room, deck
\$140,000	17 E Shawnee Tr	Ranch	5	2	1 1		Lakeview, screened porch
\$147,000	72 E Shawnee Tr	Ranch	6	2	1		Lg bedrooms, huge deck
\$149,900	136 E Shawnee Tr	ExRanch	7	3	1.	2 car	Lakefront, enclosed porch
\$155,000	29 Shawnee Pky	Ranch	6	3	1 1/2	1 car	Sunroom, large lot
\$159,900	16 Shawnee Pky	Colonial	9	5	2		Sun room
\$159,900	24 Highview Terr	RRanch	10	5	1 1/2	1 car	Family room
\$165,900	26 Algonquin	RRanch	5	2	1		Lkfront, screened porch
\$174,900	36 Shawnee Pky	Capecod	6	4	2	1 car	Can Physics v. Let
\$179,000	7 Pathfinder Trail	Contemp	7	3	2	1 1/2	***SEE BELOW***
\$195,000	30 W Shawnee Tr	Ranch	6	2	2	1 car	Lakefront, family room
\$229,000	2 Algonquin	Contemp	8	4	3	1 car	Lakefront,Lg masterbed.
\$239,900	10 Deer Tr Pt	Colonial	8	3	3	2 car	Lakefront, 54' deck w/jacuzzi

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2nd Annual 1740 Camp-A-Ree



Saturday Aug. 17 Sunday Aug. 18



Set upSat. 7:30 PM (no early birds, please) Dinner.....Sat. 8:30 PM BonfireSat. 9:30 PM Kids curfew......Sat. 11:30 PM BreakfastSun. 8:00 AM Clean-UpSun. 9:00 AM

\$25/family \$15/single \$25/guest family



LAKE FOREST SWIM TEAM by Marlene Genaud

What a season! We out-swam them all! Our toughest competitors fell by the wayside—leaving us with a 8-1 season going into our last meet on the 31st. Only mighty Roxbury with its legions of swimmers handed Lake Forest a loss. If we win against Randolph we'll be in a league tie for first place overall (guaranteed first in the small-team division). Watch our wake!



Our July 28th Swim-A-Thon swimmers line up after swimming at least 150 lengths per group. Parent Caroline Sior, Coach Rob Knight and Asst. Coach Liz Moore did their lengths too—they had bet the kids they'd swim if LFST won the Hackettstown meet on the 27th!

THANKS LAKE FOREST! FOR SUPPORTING THE LFST SWIMMERS. The '96 Swim-A-Thon was a resounding success, providing the team with funds for facilities improvement.

SUMMER FUN



Don't Suffer Any More With Back Pain, Neck Pain or Headaches
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CHIROPRACTIC GETS RESULTS

GOLF OUTING SEPT. 8

Rolling Greens
Golf Course
Newton-Sparta Rd.

Call Glenn DeSantis for info & res. 663-3542



Tee times between 8:45 and 9:45-10 AM Enough time for 60 players. A group will go off every 8 min. If you do not have a group of 4, matches will be made. 2 closests to the pin holes.

We will play scramble (Best Ball....you do not have to be a terrific golfer to enjoy this type of play)

\$45/person – cart, greens fees, BBQ, soda & beer – deadline 8/31/96

THE SPINE: KEY TO YOUR HEALTH



*American Journal of Pain Management Vol. 4, No. 1, January 1994

The spine is the key to the body's sustained good health according to researchers* and posture is a window to the health of the spine. The importance of posture should never be minimized. A recent study on posture concluded that, "Posture affects all human function... from breathing to thinking."* In order to make more people aware of the importance of the spine and posture and to introduce new families to the many benefits of chiropractic care, we offer a FREE spinal health class every Wednesday at 7 PM in our office.

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MAGIC PALETTE STUDIO ANNUAL STUDENT ART SHOW

The students of artist Sue Miller will exhibit in the Magic Palette's annuaLI show at the Lake Shawnee Clubhouse.
Sun. Sept. 8
1:30-2:30 PM
Info 663-4120

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Thank you, Master Carpenter Master Craftsman

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WOODCHIPS - FREE

The Club has recently had some trees removed. The chipped remains of those trees is piled in the picnic area across from the office. A reasonable amount of woodchips is available to members to take at their convenience.

MEMBER/ADVISORS NEEDED

Members who may have expert knowledge or access to knowledge regarding water quality are being sought by the Trustees. Upgrading the quality of the water impounded by the swim curtain at our beach area is a priority of a new Trustee committee charged with an upgrade to coincide the '97 lake drawdown. Contact Bob Drummond -0074, or Craig Peters -5120 if you can help.

B&C DOCK RENOVATION COMMITTEE

B&C docks will be redesigned and replaced during the '97 lake drawdown. A committee is being formed to study the needs of the Club and of dock renters for this project. Please call Bob Drummond -0074, or Craig Peters -5120 if you would like to participate on this committee.

Jerry Ochs

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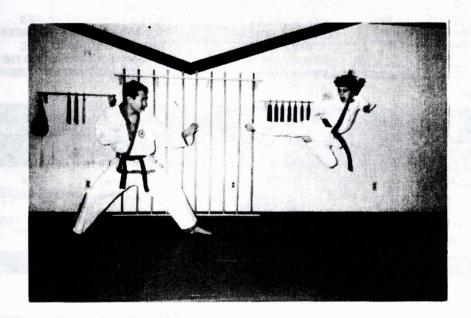
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