



July 2023

# THE PORTHOLE NEWS

The monthly newsletter of the Lake Forest Yacht Club



## COMMODORE'S MESSAGE

*Frank Gutowski, Commodore*

Now that school is out, our club beach operations are 7 days a week with lifeguards on duty Monday to Thursday from 10AM to 6PM and Friday to Sunday from 10AM to 8PM. We have 20 lifeguards on staff with 4 on each day to run beach operations. Our concession stand is also open daily with inventory being managed by our Concession Stand Committee of volunteers being led by Kristen Brown. They have a great selection of snacks and beverages to choose from at affordable pricing. Please review our updated 2023 Beach Rules are on page 7 of this Porthole outlining our beach policy.

This year we have four concerts on the beach, with the first being the Brian St John Band on July 1<sup>st</sup> and then later this month on July 22<sup>nd</sup> with "Wind Up Monkey". Vinny Gowers has been coordinating and booking these bands for our Concert on the Beach events for over 5 years, so he has been our "Lake Forest Concert Promoter". Thank you Vinny for continuing to help us put on these great beach concerts.

Our annual "Community Day" event is on Saturday July 22<sup>nd</sup>. This is the day we open our club facility to all Lake Forest residents, members and non-members, to come down and enjoy a day at the beach. Mingle with your friends and neighbors, see the latest improvements at our club and enjoy live music by Wind Up Monkey. All Lake Forest residents are welcome to join us at the beach for "Community Day".

We're continuing to invest in improvements at our club. We recently bought 5 new Lifetime Picnic tables to replace several tables at the beach that have broken down. I want to thank Tony D'Alauro, Cody Inglis, Peter Malenda and Keith Moran who helped me build them and put them into service in advance of our first Concert on the Beach.

Our next major project is replacement of the Wall Ball court wall which has shown significant deterioration from years of use. We'll be replacing the wall boards with new pressure treated panels and fresh coat of paint. I need 5 volunteers to help me on this project which is scheduled for Saturday July 29<sup>th</sup>. See details on page 4 of this Porthole.

Many members want to help on club improvement projects, but often are not available when we have major projects scheduled. To accommodate all members that want to help, we have developed a project list for members to volunteer on their schedule to help the club. The project is called "**Lake Forest Works**" which is a list of 12 small projects. A sign up genius has been set up for members to take on a task and help improve our club. See details on page 3.

Being a private club, our beach operations staff has to assure that only members and their guests are using our facility. We have many new families in our membership which may be unfamiliar to our beach staff. Please don't be offended when our lifeguards ask for membership badge verification, as they are doing their job. Every year we have people show up on our beach thinking it is a public beach. We've already had that this season with uninvited guests showing up by car and boat. Our lifeguards manage this the best they can. If any member suspects uninvited guests on our property, please bring it to the attention of any of our beach operations personnel or any LFYC Trustee you see at the facility.

## Club Contact Information

**Office Manager:** Linda Sobieski – Notary Public

**Mailing Address:**

Lake Forest Yacht Club  
PO Box 217  
Lake Hopatcong, NJ 07849

**Physical Address:**

Lake Forest Yacht Club  
35 Yacht Club Drive  
Lake Hopatcong, NJ 07849

**Office Phone:** 973-663-0158

**Office Email:** [office@lfyc.org](mailto:office@lfyc.org)

**Website:** [www.lfyc.org](http://www.lfyc.org)

**Office Hours :**

Wednesday 12 p.m. – 7 p.m.  
Friday 9 a.m. – 2 p.m.  
Saturday 9:30 a.m. – 12:30 p.m.

## Board of Trustees (officers and responsibilities)

**Frank Gutowski** – Commodore – Responsibilities: Docks, Scholarship, Clubhouse

**Phone:** 201-679-5837

**Email:** [commodore@lfyc.org](mailto:commodore@lfyc.org)

**Chrissy Gilligan** – Secretary – Responsibilities: Office, Communications

**Phone:** 973-632-8734

**Email:** [secretary@lfyc.org](mailto:secretary@lfyc.org)

**Pat Brennan** – Treasurer – Responsibilities: Financials, Budget, Grounds

**Phone:** 201-924-6709

**Email:** [treasurer@lfyc.org](mailto:treasurer@lfyc.org)

**Peter Malenda** – Trustee – Responsibilities: Security, Tennis, Wakeoff

**Phone:** 551-580-0726

**Email:** [trustee1@lfyc.org](mailto:trustee1@lfyc.org)

**Keith Moran** – Trustee – Responsibilities: Maintenance, Nominating, Boat Course, Swim Team

**Phone:** 973-722-1080

**Email:** [trustee2@lfyc.org](mailto:trustee2@lfyc.org)

**Kristen Brown** – Trustee – Responsibilities: Beach/Galley, Social, Welcoming

**Phone:** 973-768-6958

**Email:** [trustee3@lfyc.org](mailto:trustee3@lfyc.org)

**Bryan Hyland** – Trustee – Responsibilities: Insurance, By-Laws, Legal

**Phone:** 973-945-0180

**Email:** [trustee4@lfyc.org](mailto:trustee4@lfyc.org)

## Additional Contacts

**Swim Team:** Dan Schultz – Lake Forest Vikings President

**Phone:** 973-876-8974

**Email:** [Dschultz6216@gmail.com](mailto:Dschultz6216@gmail.com)

**Dockmaster:** Frank Gutowski

**Phone:** 201-679-5837

**Email:** [f.gutowski@optonline.net](mailto:f.gutowski@optonline.net)

# “Lake Forest Works”



Members have stated they would like to help the club on improvement and maintenance projects. Many have said they are not available when we do planned projects, but would like to do projects on their own time based on their availability. The Trustee Board has developed a list of small projects for members to execute on their own schedule.

“Lake Forest Works” is the current list of projects we are asking for member volunteers to help. Most of them consist of painting, some are repair projects and some are gardening. Most of them can be completed in afternoon or evening and are 1 or 2 person projects. The club will

provide all the materials needed and if any additional is needed, the club will reimburse. Most of the tools needed are stored in our new shed behind the beach galley.

A sign up genius has been established to provide organized structure of the “Lake Forest Works” project. Please claim the project you would like to take on so that we know who is helping on each project. The sign up genius link is below.

<https://www.signupgenius.com/go/20F0449A9AF29A4F58-lake1>

While we will continue having larger planned projects for our community to help us on, this is a way for everyone to help in their own way. We are fortunate to have a great community of members who take pride in our club facilities. It takes all of us to maintain and improve our premises for all.





## Upcoming Projects

### July 29<sup>th</sup> Wall Ball Court Renovation

#### Need a Team of 5 Volunteers

The wall ball court wall will be replaced with new pressure treated panels and fresh coat of paint. Plan also includes our club logo to be added to the wall. We need a team of 5 to help tear down the current boards, install new panels and add a fresh coat of paint. The asphalt surface will be renovated at a later date after we receive all paver quotes. We'll be starting at 8:30 AM on Saturday July 29<sup>th</sup>, and plan to have to completed by 2PM. Reach out to Frank Gutowski if you are able to help on this club project.



### Swim Lessons 2023:

Swim lessons starts on 7/9 and finish on 8/17. Advanced swim lessons will be Thursdays 5-6pm. If you still need to sign your child up for beginner or advanced swim lessons, please reach out to the office.



### Beach Concessions Committee

Thank you to our Beach Concession Committee for all their work to get the Snack Shack stocked and ready for the season. Please reach out to our club office or Kristen Brown to volunteer to help the committee, or if you have any questions or suggestions. Please see our 2023 Snack Shack menu. Menu will change as needed throughout the summer.

 <b>Snack Stand Menu</b>	
<b>Drinks:</b>	<b>Lunch Items:</b>
Koolaid \$0.50	Cup of Soup \$2.00
Water \$1.00	Mozzarella Sticks (6) \$3.50
Seltzer \$1.00	Chicken Nuggets (6) \$3.50
Soda \$1.00	Uncrustables \$2.00
Gatorade. \$1.50	Bagel Bites (6) \$3.00
	Mac and Cheese \$2.00
<b>Snacks:</b>	<b>Ice Cream/Ice Pops:</b>
Planters Nuts \$1.00	Freeze Pop \$0.25
Skinny Pop \$1.25	Ice Cream Sand./cup \$1.00
Applesauce \$0.50	Twin Pops \$1.00
Chips/pretzels \$1.00	Cookie Sandwich \$1.50
Slim Jim 2/\$1.00	Cones \$1.50
Cookies \$1.00	Snickers \$1.00
Veggie Straws \$1.00	Twix \$1.00
Poptarts \$1.00	
<b>Candy:</b>	
Air Head 3/\$1.00	
Skittles/Starburst \$1.50	
Ring Pop \$0.50	

## Updated Social Event Schedule

### July Save the Date!

- July 1<sup>st</sup> - Band on the Beach featuring Brian St. John
- July 7<sup>th</sup> Ice Cream Social
- July 14<sup>th</sup> Craft on the Beach
- July 21<sup>st</sup> Ice Cream Social
- July 22<sup>nd</sup> Band on the Beach featuring Windup Monkey and Community Day
- July 28<sup>th</sup> Craft on the Beach

### August & Sept Save the Date!

- August 4<sup>th</sup>- Craft on the Beach
- August 5<sup>th</sup>- Camp Out on the Beach
- August 12<sup>th</sup> Wakeoff
- August 13<sup>th</sup>- Band on the Beach featuring Kevin McArdle
- August 18<sup>th</sup>- Ice Cream Social
- August 20<sup>th</sup> Pirates & Mermaid Day
- August 27<sup>th</sup> Band on the Beach featuring Bill Ruddy
- September 2<sup>nd</sup> - Closing Day Picnic
- September 9<sup>th</sup> & 10<sup>th</sup>- OPA Boat Races
- September 17<sup>th</sup>- Special Event—The Nerds at LFYC

Hi Lake Forest! We have many great events planned for this summer; however, all events are not possible without volunteers! Please sign up to help where you can. If you have any questions, please contact Kristen Brown at 973-768-6958. Thank you.

<https://www.signupgenius.com/go/20F0449A9AF29A4F58-summer>

### Calling All Stay at Home Parents!

Please come on down to the club for parent meet-ups for playdates. This month, playdates are outdoors, not inside the clubhouse. All ages birth to 5 years old welcome. Please feel free to bring a toy to share or toy to donate to the playdate at the club. This is open to members only. Upcoming dates to be announced

**Senior Citizen Get Togethers:** There will be no senior citizen get togethers for the summer.

### Youth Tennis Lessons:

The club is looking to do youth tennis lessons for members in the Spring. It would be a group lesson of 4 kids to a group for an hour for a select number of weeks. Cost would be \$30 a kid for each lesson. Please reach out to Kristen Brown if interested. 973-768-6958

**Calling all cooks!** We are looking for people to run a Sunday breakfast on the beach or a Taco Tuesday. Please reach out to Kristen Brown at 973-768-6958 or Desirae Nigro at 908-892-3679, if you would like to run one or have any questions

### Social Committee Needs You!!

We need your help. Did you know that volunteers plan and run all of our social events? In order to keep having great events, we need more volunteers. Please sign up for the event/events you would like to help plan. If you have any questions, please contact Kristen Brown at 973-768-6958.

<https://www.signupgenius.com/go/20F0449A9AF29A4F58-upcoming1>

# LAKE FOREST

*summer fitness*

SPECIAL

**Both sessions  
for \$55**

Cash, venmo, paypal and zelle accepted

**CARDIO  
KICKBOXING**

**Monday 9 am**

Join us for 45 minutes of kicks, punches, and HIITs. This class will leave you sweating and pumped up to start your week! This is great for endurance! All levels are welcome. 6 classes for \$30 \$7 drop in

**PIYO!**

**Thursday 9am**

Join us for 45 minutes of a Pilate/ Yoga fusion class. This class is a combined training of strength and cardio. This is a fun class paired music. Mats are required and all levels are welcome. 6 classes for \$30. \$7 drop in

**BABYSITTING AVAILABLE**

There will be babysitting available by Paige Brown, a certified CPR/First aide babysitter price is \$2 per child per class.

## **Beach Rules 2023**

Please review the following beach rules to help with smooth operations for our 2023 summer season. The Lake Forest Yacht Club grounds are intended for use solely by its members and their non-resident guests. All members have a responsibility to see that the following rules are adhered to during the year.

### **GENERAL:**

- Use of this facility is at your own risk, lifeguards are there to help provide safety, but not guarantee it.
- Parents are responsible for their children's actions and will be held liable.
- All members and guests must be in possession of a LFYC beach badge with the current year sticker on it.
- Cars must display a LFYC hang tag with the current year sticker.
- LFYC is not responsible for lost or stolen property.
- Animals are welcome on LFYC property but are not permitted on the beach/sand and should be supervised at all times. PLEASE PICK UP AFTER YOUR DOG.
- Use of the facility is permitted only in accordance with all Federal, State, and Local laws and ordinances.

### **WHEN A LIFEGUARD IS ON DUTY:**

- Children 12 years and older are allowed to be on the beach and in the water. Children under the age of 12 must be accompanied/supervised by a responsible guardian.

### **WHEN A LIFEGUARD IS NOT ON DUTY:**

- All persons under 16 years of age must be accompanied by a responsible guardian, 16 years or older, when on the beach or swimming.

### **SWIMMING AND DIVING:**

- Swimming is permitted in designated areas only and may be restricted by lifeguards at any time.
- High dive tower is off limits when the lifeguards are off duty.
- No pushing or shoving on the diving platform.
- Only one person is permitted on the diving board, high dive platform, or ladder at a time.
- Divers must dive forward off the board, not to the right or left.
- Exit the water via appropriate ladders. High dive to the right and low board to the left.

### **BEACH:**

- Ball playing is prohibited, except in designated area i.e. volleyball area.
- Fires are not permitted on the beach/sand area.
- Motor vehicles are not permitted in the beach/sand area.
- Bike riding is not permitted in the beach/sand area.
- Fishing from sanded and posted areas is prohibited.
- Umbrellas, pop-up tents, etc. are not to obstruct the lifeguard's view and should not be placed beyond the line of the lifeguard's stand.
- Fold down umbrellas when not in use
- Trailers are not permitted in the beach parking area.
- Do not litter. Put all debris in the provided, marked containers.
- NO GLASS ALLOWED ON BEACH.

### **GUESTS:**

- LFYC Members are responsible for their guests and must be present with them at all times.
- Limit of 10 guests per day. If you require additional guests, please check with the office.
- It's important to have the hang tag in your car and your badge with you and visible while on the property. Guests should have guest passes (available at the office, even when closed) visible on car dashboards and guests must be accompanied by a member while on club property. **No person eligible to join LFYC may be a guest of a member.** Gate keys are not to be provided to any nonmembers for their use without the owner of the key being present and again, **No person eligible to join LFYC may be a guest of a member or use any portion of the club facilities.** Boat trailers are not to be parked overnight in any of the club lots without prior permission from office and must be as far as possible from the boat ramp.





## 2023 Kayak Rack Slip Rentals

14 Kayak Slips remaining. Any member that wants to store a kayak on the rack this season needs to check with Linda in club office for the available slip locations. Season Rental fee is \$25 or \$35 for 2 stacked kayaks or SUP.

Each rental requires a kayak permit sticker. Kayak slips only available to members that rent them. None may be stored on the ground. Just like how we manage our dock rentals, members who rent in 2023 will have first right to renew for the following year.



## Community Advertising

Would you like to advertise in our monthly newsletter? Please contact the office for pricing which begins at \$20 per month. Our website averages 14 hits per day



**Regina Ashworth**  
**Sales Representative**  
**Cell: 973-229-6935**  
**Office: 973-584-2300**  
**E-mail: [chillypita@aol.com](mailto:chillypita@aol.com)**





## **Electronic Billing & Payment**

We are continuing to offer billing of master lease & membership dues via email, with optional online payment. Please email or call the office to set this up. It is quick and easy to do!

## **Share Important News!**

Send us your other important news like births, birthdays, anniversaries so they can be included in the next porthole! Email the office at [office@lfyc.org](mailto:office@lfyc.org) to have your message included by the 20<sup>th</sup> of the month.

## **Order Forms**

Click [here](#) to print a Lake Forest Apparel order form.

Click [here](#) to print a Personalized Patio Stone form.

## **Membership Badges – Car Tags – Gate Keys**

It's important to have the hang tag in your car and your badge with you and visible while on the property.

Guests should have guest passes (available at the office, even when closed) visible on car dashboards and guests must be accompanied by a member while on club property. Gate keys are not to be provided to any non-members for their use without the owner of the key being present. Boat trailers are not to be parked overnight in any of the club lots without prior permission from office, and must be as far as possible from the boat ramp. Thank you for your attention to these items!

## **Babysitters List**

Would you like to be added to this list? We can also add services like Dog Walking to this section, so reach out to the office if you are interested!

- Samantha Gowers – 201-704-7658
- Elise Gilligan\* - 973-440-7166
- Maddie Luke\* - 973-800-5541

*\*Indicates Red Cross Certification*

## **Lost Badge Fee:**

Starting for 2023, there will be a \$25 per badge fee for replacement of lost badges. There is no fee for updating badges with pictures or name changes, etc.

## **Lake Forest Apparel**

Stop on down to the office to purchase your Lake Forest Apparel. Currently available at the office for purchase are size medium, large, and x-large t-shirts. Order forms are also available to customize your apparel purchase needs.

# LFYC Trustee Meeting Minutes

**Meeting Date:** 6/14/23

**Attendees:** Frank, Chrissy, Keith, Peter, Pat, Kristen, Bryan

**Called to Order:** 7:04pm

**Adjourned:** 9:45pm

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## **Frank:Commodore/Docks/Scholarship/Clubhouse**

- Projects completed: shade sails, octagon table, new TV in clubhouse and galley shed
- Kayak racks: 21 rented/ 15 open slots still open
- Rental contracts reviewed and approved
- Beach usage by Clubhouse Renters: up to 10 kids allowed to swim at beach under rental contract but if going to be over 10 kids then member need to ask board for permission
- Member that rents club should provide propane tank for their party and clean grill they use
- Storage room cleaned out and new table storage put in place and attic cleaned as well. Table cloths found and cleaned to be used for club events. Two round tables repaired. Nursery school file cabinet emptied, documents shredded and cabinet sold. Double pizza oven and fusion single oven not and will be sold. Clubhouse large round tables have a few legs to be repaired
- Kegerator: moisture leaking on floor and will need to be addressed. Portable kegerators – one unit to be sold.
- Kitchen cabinets still need to be cleaned out and outside spigot needs to be installed. Wooden pocket panel doors need some repair / cleaning
- Nano Aerator: LHC found another club to take the unit. Removal imminent. Need to invest in Pentair aeration system bubbler for future
- Blue slide- Board all in agreement that club should not fix ourselves, need to be repaired by professional. Still investigating
- Upcoming Projects: New Tower Shower- to be installed end of this week. Organization behind guard shack and install kayak rack holder

- Glare shields for parking lot lamps- on order. B&C dock lights will also be adjusted at that time
- Dive Tower Fountain Jets- to be refurbished to get them running properly
- Spotlight on dive tower: to be installed and have flags stay up during open season
- Lake Forest Works- List of small projects that need to be done by community. Sign up genius to go out to community
- Wall Ball Court renovation- schedule for 7/29

## **Chrissy: Secretary/Communications/Office**

- No new updates

## **Pat: Treasurer/Grounds**

- Budget reviewed with the Board
- Swim Team- 6/28 First meet is home

## **Bryan: Bi-Laws/Insurance/Legal**

- Update and clarification to a few beach guidelines reviewed and shared with community

## **Keith: Maintenance/Nominating/Boating**

- Boat races plan on track, need contract signed.

## **Peter: Security/Wakeoff**

- Security service: new company off to a good start
- Wakeoff: Board reviewed notes on execution of event provided by previous Board member.
- Pentair Aeration unit: cost reviewed and put on list for future projects

## **Kristen: Social/Beach**

- Opening day event was successful, no issues to report
- Beach operations: Overall going smoothly but lifeguard staffing an issue at times. No lifeguards available this Saturday 3pm and on due to lack of availability due to graduations
- Concession Stand: open and off to a good start
- Upcoming Social Events- schools out event up next at the end of June and 7/22 band on beach will be Christmas in July themed
- Closing Day Event- Luau theme with pig roast