



INTERESTED IN SUMMER SWIMMING?

Lake Forest Vikings – NJRLL Small Division Champs 2014, 2015, 2016, 2017, 2019!!

The Lake Forest Viking's Team is a summer swim team that competes in NJRLL.

It is open to all swimmers age 5 to 18 year of age.

You do not have to live in Lake Forest to be part of the team.

**Join us at Lake Forest Beach
for a
Meet & Greet on May 20, 2022
from 6pm – 8pm**

**Meet our coaches and mingle with our parents - ask questions and learn
about the team – more information to follow!**

Have questions and don't want to wait?

Contact Dan Schultz at 973-876-8974 or dschultz6216@gmail.com

We look forward to seeing you!

**Everyone is welcome on the Lake Forest Swim Team
including all areas surrounding Jefferson!**