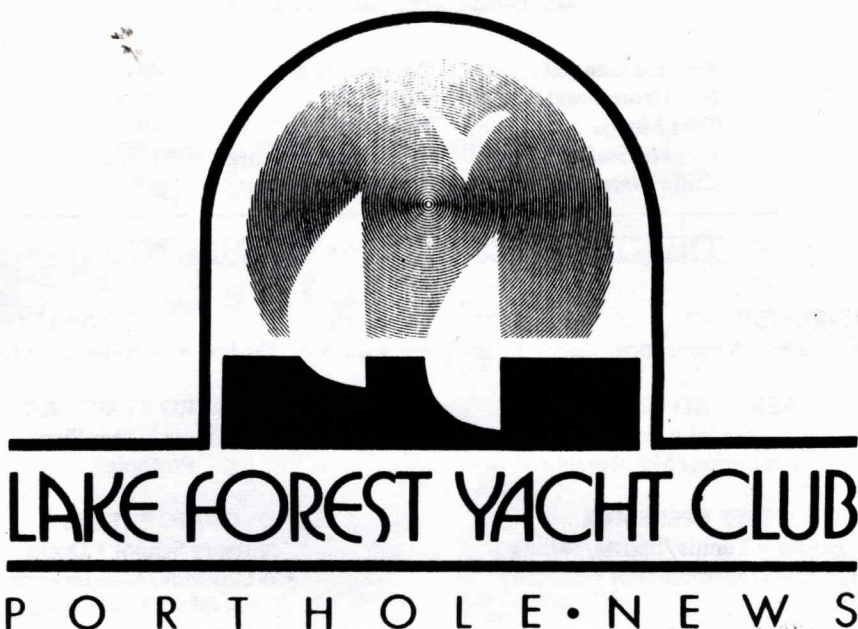




March 1996

Commodore's Message

March 17 ... **THIS SUNDAY**
ST. PATRICKS BRUNCH
10 am to noon on Sunday
\$4/adults, \$2/children
Drop in! Join us! Tickets at
the door, (menu page)

March 23 ... Family Movie Night, 7 pm
The Great Panda
BYO blanket, popcorn &
juice provided

Upcoming Events

April 27 ATLANTIC CITY TRIP
(note date change)
\$18/person, call Kathy -
1629 for questions/res.

1996 BABYSITTERS LIST
CALL NOW! 663-4649

Dear Members,

After a week of beautiful weather, when we are thinking that winter is almost over, we get hit with a cold spell and a couple of nice snowfalls to remind us that nature hasn't finish its first cycle this season.

Nevertheless, spring is approaching and behind the tranquil appearance of our Club committees are actively preparing for the new season: the Dockmaster is on course with the winter boat slip rentals and the beach committee is finalizing the last touches for this summer. Kathy DeSena will be our Recreation Director and her skills and enthusiasm combined with the talent of our lifeguards give us the confidence that the club will continue its commitment for the type of summer program we have all enjoyed the last past several years.

Please mark on your calendar the St. Patrick's Brunch on March 17 at the Club 10 to noon, featur-

continued on page 12

BOARD OF TRUSTEES

Bernard Genaud		Commodore	-4649
Bob Drummond		Secretary	-0074
Tom Morris		Treasurer	-4019
Richard Stafford	-2605	Jeff Bessemer	-1916
Craig Peters	-5120	Bob Luongo	-1793

TRUSTEE COMMITTEE ASSIGNMENTS

BOB DRUMMOND
Land Sale • By-Laws • Insurance

TOM MORRIS
Swim Team • Galley

BOB LUONGO
Budget • Nominating • Grounds/Maint.

BERNARD GENAUD
Social • Beach
Welcoming/Membership

RICHARD STAFFORD
Security • 5 Year Plan
Porthole

JEFF BESSEMER
House • Tennis/Sports/Sailing
Grounds/Maintenance • Security

CRAIG PETERS
Nursery School • Docks
Co-Grounds/Maintenance

LFYC Office — 663-0158 — Mon • Tues • Thurs • 8 am to 1 pm • Sat 9 am to noon

Mrs. Margaret Dam, Administrative Assistant

House Chairman - Grace Bacorn -2944 • Nursery School Chairman - Dori Russo -3128

Swim Team - Marlene Genaud -4649, Tom Faruolo -2166

Security - to report trespassers • in case of emergency • call Jeff. Twp. Police 697-1300

The *Porthole* is published by MG LaserPublishing 663-4649

BABYSITTERS

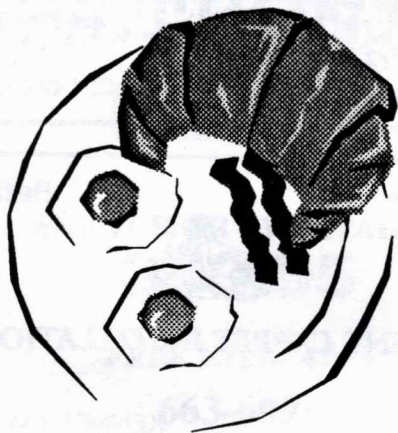
name	Red Cross			name	Red Cross		
	age	certified	phone		age	certified	phone
Jessica Levinson	12	yes	1383	Lydia Oser	15	yes	5820
Robyn Faruolo	13	yes	2166	Elaine Sutcliffe	17	-	0632
Lisa Greene	16	yes	1128				

To be included on the Babysitters List leave your name, age, phone, whether you've completed the Red Cross Babysitting Class on the answering machine 663-4649.

(LFYC membership required.)

St. Patrick's BRUNCH

**Eggs (any style)
Sausage & Bacon
Bagels & Croissants
Danish & Rolls
Hot & Cold Cereal
O. J. & Hot Chocolate
Coffee & Tea**



**Sunday
March 17**
(THAT'S THIS SUNDAY!)
10 am – 12 noon

**\$4 adults
\$2 children**

Tickets at the door

*Enjoy a family brunch served by
your very own Lake Forest Trustees*

DOWN THE GARDEN PATH

by Eileen and George Herberger

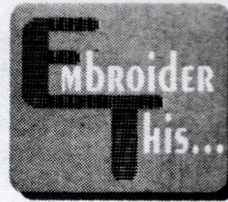
As much as we all have reached the *Hate Snow Period*, gardeners know that it has merit. Snow is considered to be the poor farmer's fertilizer. There is evidence that coming from the upper atmosphere nitrates and some sulfates along with calcium and potassium get added to the soil. A bare soil surface is heated and cooled frequently causing plants to be stressed and heave. Snow is nature's blanket under which plants and animals live safely for the season.

One large problem caused indirectly by snow is salt damage. Salt damages roots causing them to release moisture rather than absorb it. In extreme cases of salt damage to the soil, street trees have been killed. Communities and homeowners are learning to substitute sand as a safety measure or at least to mix salt with sand to lessen the problem.

We have been misinformed by so-called experts and would like to inform you of our recent findings. Do not compact wet soil when planting. Tamp the soil when dry to remove air pockets then water thoroughly. If you compact when it is wet you will leave no space for root growth and also remove all oxygen. The second oops was tying the leaves on spent daffodils to tidy the garden while the leaves die back. The leaves are needed to nourish the bulb for next year's growth. We find tying the leaves kills the bulbs.

Barnes & Noble is sponsoring a gardening club led by Dot Schable of Island Herbs and Flowers. On Saturday march 16 at 1 pm the group will discuss soil, mulching, sun, starting seeds, planting cold weather crops, herbs, and countless other topics of interest to the home gardener. Any questions, call 201-347-5190.

Thanks to Ursil for the articles left in my front door.



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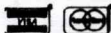
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- Gathered Lace •
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- Beginners Tole Class forming
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Mon-Sat 9:30-5 PM, Sun. 11-4 PM



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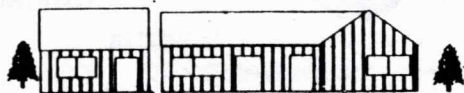
663-0096

Mon-Wed 11-5 Thur-Fri 11-7 Sat 10-5 Sun 11-4

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HURDTOWN PLAZA

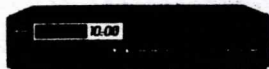


663-2541 808 Rt. 15 South, Jefferson

HURDTOWN HAPPENINGS

- Friday, March 8, Spring Fashion Preview
 - Register for **FREE Cabin Fever giveaway** at all 5 shops for—Drawing Sat., March 16
 - KidSport Winter Clearance Sale: football, basketball, wrestling & soccer gear.
 - Tole-Painting Seminar, Sat., March 30, 1-4pm
- Plaza Open at Noon on Snow Days

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50/50 Split

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Major Credit Cards Accepted

Social Update

by Kathy DeSena -1629

During the next 2 months we have a Family Movie Night planned (see left)

In April we've scheduled a Bus Trip to Atlantic City. This trip is by reservation only (deadline April 17). The bus leaves at 8:30 am and returns to the Club at 8 pm. Bagels, coffee and tea will be available starting at 8 am. Refreshments during the trip home will also be provided. The cost of this trip is \$18 per person (\$12 coins is returned for your spending pleasure).

On May 5 we've planned a Children's Mother's Day Craft (watch the April Porthole for details).

See you at the Club!



Family Movie Night
featuring

THE GREAT PANDA ADVENTURE

MARCH 23
7:00 PM

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blanket

Popcorn
& Juice
Provided

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American Institute of C.P.A.'s
New Jersey State Society of C.P.A.'s

Feb. 27, 1996

Governor Christine Whitman
125 West State Street
Trenton, N.J. 08625

Dear Governor Whitman,

This is in reference to your decision to close marine police stations and cut back water patrols.

I have lived on Lake Hopatcong for twenty seven years. During that time, I have witnessed several boating accidents, two which resulted in fatalities. The most recent tragedy happened in front of my home last Memorial Day weekend. A six year old girl was struck and killed by a boat while she and her stepfather were sitting still in the water on a jet-ski. I called 911, she was brought to my dock and died later in the hospital. It is very possible that had a marine patrol officer been in the area, this tragic accident would not have occurred. Presently the marine patrol is so short of personnel that they cannot properly patrol the lake. Therefore, there was not a patrol boat in this cove at that time.

I was positively shocked when I heard that, as a budget cutting measure for 1997, you are planning to cut the New Jersey marine police force. If anything the marine police force should be doubled or tripled on Lake Hopatcong.

The Shaklee Challenge

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Louise 663-5202

It appears obvious to me that you and/or your advisors are not aware of the need for the marine patrol on our waterways and especially the largest lake in New Jersey. With this in mind, I am giving an open invitation to you and/or your designees to visit Lake Hopatcong firsthand on any summer weekend — Fourth of July would be perfect.

I will arrange for you and your entourage to visit my lakefront home for a firsthand view of things from the shore. After that, I will arrange a tour of the lake so that you can observe the situation from a boater's and/or marine patrol officer's view.

I am certain that an experience of this nature would be most beneficial to you prior to making final decisions concerning cuts in the marine patrol on this great lake.

I urge you to take advantage of this opportunity. I know that it will be a positive educational experience for you and your associates.

Sincerely,
Jim McGraw

Lake Shawnee/Lake Forest TRADING POST

**3 months FREE
to members
call Marlene
663-4649**

FOR SALE

- dinette table w/leaf, light oak & 6 upholstered chairs to match, \$200; bumper pool table \$150; 5 antique bentwood chairs \$125; electric clothes dryer, works, FREE; call Jane -1703
- Fischer-Price car seat; Graco Easy-Entry Swing-O-Matic; both exc cond. \$35/ea, Call Laurie -5778
- 16ft Hobie Cat w/jib, rainbow main, new trampoline, exc cond, asking \$2,000 or BO, call Jay -4292
- '85 Jet Ski, stand-up type, exc. cond, orig. owner, low hrs, asking \$900, call Ed -3848
- '93 Burton PF 5.4 racing snowboard, 154 cm, bindings, ex. cond, \$150 or BO, call Alex -4649
- Nordica ski boots, mid-entry, ladies size 9, barely used, \$50 or BO, call Donna -5551
- Basstender 11 fishing boat, 10ft, live well, lights, 2 swivel seats, 165 lbs, like new, \$550 or BO, call Zeke -5471
- new man's London Fog coat w/lining, size 43, \$65; lg. metal desk, \$25 or b.o.; 2 stationary bicycles, \$20/ea, call Lily -0878
- Parol 155cm. freestyle snowboard, used 3 x's, car roof rack incl, \$250 or BO, call Alex -4649
- 3/4 student violins: J. Lorenz \$150, R.Pfretzschner outfit \$250, call Marlene 4649
- 24' travel trailer, good cond, liv. rm, bdrm, bathw/shower, kitchen w/apps, \$4000, call Marc -5551
- 14 ft. '81 O'Day Javelin day sailboat, fiberglass hull, main & jib sails, trailer, good cond, asking \$500, call Bernard -4649

- 18" litewt, gas, upright Sears Snow Thrower, used once, BO, call Mrs. Appelt -0465

HELP WANTED light telephone work fr home, 5-10 hrs/wk, minimal log keeping, call Bob -1815

LOOKING FOR RIDE from Lk. Shawnee to AT&T, 67 Whippany Rd, call Lenny -9439

WANTED TO BUY

- cross-country skis & boots, women's size 7, call Robbie after 5 at 1383

- student trumpet, call Robbie after 5 at 1383

PARENTS! If your teenager has just added a 2' x 2' red stop sign to their room decor, please have them return it to the Hurdtown Plaza on Rt 15S. It's been missing isnce the blizzard. No questions asked.

Houses/Condos For Sale/Rent by Owner

FOR RENT Wildwood Crest 2 bdrm condo, sleeps 6, lg pool, AC, cable, off-street pking, 2 1/2 blks to beach, family or couple rentals only-no grps, \$625/wk July & Aug, \$225/midwk offs, call Jack -0329

FOR SALE 2bedrm California Ranch, liv. rm. w/ stone fireplace, Florida rm, updated kitchen, new furnace-hwbb, full basement, attached garage, \$134,900, call Darren or Carol -5248

FOR SALE raised ranch house, 3-4 bedrm, fam. rm, eat-in kitchen, 1 1/2 baths, 1 car garage, lg deck, Lake Forest, asking \$134,000, call Christine Colman 729-2700, or evenings 579-2005

BEACH HOUSE FOR RENT Long Beach Island duplex, 2 BR, 2 bath ea. floor, 5 houses from beach, call Jeff -4230

Advertising in the Lake Forest Porthole

Advertising in the *Lake Forest Porthole* now offers you a valuable return on your advertising dollar with our added bonus: advertise in the *Lake Shawnee News* and you can place the same ad in the *Lake Forest Porthole* for 30% off the 1 month rate.

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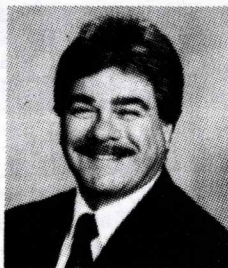
2 Algonquin Terrace
111 East Shawnee Trail
79 Yacht Club Drive
136 East Shawnee Trail
12 Mountainview Trail
2 Ripplewood Drive
7 Fawn Terrace

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3 Bedrm	143,900

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19 Yacht Club Drive	Lake Forest	U/C
40 Highview Trail	Lake Shawnee	U/C
98 West Shawnee Trail	Lake Shawnee	Closed

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COMMODORE'S MESSAGE

cont'd from page 1

ing culinary specialties by the Trustees.

The Trustees have an idea to continue the development of the Club's social life and that is to reinstitute the Block Captains. From the 1950's to about 1980 Block Captains were a system of communicating that worked very well for the Club — one person from each block in Lake Forest was a liaison between the Club and the community. The Block Captains contacted members in their areas about upcoming social events, taking reservations, answering questions, and communicating the desires of their block's members to the Trustees. We would like to try that concept again and the first step is to ask for members to volunteer as Block

Captains for their area. Phil Schiff has volunteered for the Waterways, and we are seeking volunteers for each of the remaining streets/areas of Lake Forest, with a couple of volunteers needed to cover a couple of the longer streets such as Ripplewood, Yacht Club, Woodlawn and Crescent. Please call Margaret Dam at the Club -0158, or myself -4649 if you have questions or wish to volunteer.

The Trustees and I would like to see more residents enjoying the Club, and more members enjoying the benefits of their membership. We welcome everyone—the more the merrier.

Talk to you soon?

Bernard Genaud, Commodore

THE SPINE: KEY TO YOUR HEALTH



*American Journal of Pain Management Vol. 4, No. 1, January 1994

The spine is the key to the body's sustained good health according to researchers* and posture is a window to the health of the spine. The importance of posture should never be minimized. A recent study on posture concluded that, "Posture affects all human function... from breathing to thinking."** In order to make more people aware of the importance of the spine and posture and to introduce new families to the many benefits of chiropractic care, we offer a **FREE** spinal health class every Wednesday at 7 PM in our office.

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Kim Naklicki Benefit Concert March 17

On March 17 at 7:30 pm a benefit concert is planned at Star of the Sea Church. The evening concert will feature violin, piano and vocal professionals as well as the Jefferson Twp. Men's Choir directed by James Wynne and the Star of the Sea Adult Choir. Accomplished violinist Carole Bradley will perform. Tickets, which will be available at the door the night of the performance and at the Star of the Sea rectory Mon-Fri 9:30-3 pm daily, are \$10 for adults, \$6 for seniors and students

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Minutes of the Trustees Meeting Feb. 13, 1996

The following is a synopsis of the meeting. The official minutes are available at the office during regular business hours.

Clubhouse – Jeff Lowell will clean floors last Friday each month, as per previous schedule. Thermostat in clubhouse has been reprogrammed with note on procedure to change it posted above. Kitchen wallpapering should be finished or replaced. Commodore's playe & annual photo collages need to be brought up to date.

Brunch – Trustee Brunch for Members set for March 17, 10-noon, \$4/adults, \$2/children.

Weed Control – Allied Biological awarded contract at same price as '95.

Social – Mets game scheduled for June 1, Mets vs L.A. Lake Shawnee interested in making this a joint effort. Tickets will be ordered after feedback is received from Lk. Shawnee. Roller skating party and ski trip cancelled due to lack of interest. Coming up: Family movie night-March 23, Atlantic City bus trip-April 20, Spring crafts for children April 28, Beach Opening Picnic-May 5.

Beach – Trustees Genaud & Drummond will meet with Glenn DeSantis & Kathy DeSena and discuss beach organization for '96. Kathy will be responsible for scheduling, & overseeing lifeguards; will schedule & conduct crafts. Swim lessons will be offered for children. Janet Pilewski will offer water aerobics.

Security – Discussion on further limiting unlawful access to clubhouse.

Grounds – All Purpose Lawns contract renewed for '96

Semi-Annual Meeting & Clean-Up Day – Date set as May 17 and 18 respectively

Docks – Floating & fixed docks need repair. Bids will be requested

Block Captains – Commodore Genaud suggested reinstating Block Captains as means of getting club news to the community. Volunteers will be requested in Porthole.

Trustee Present – Genaud, Drummond, Morris, Stafford, Bessemer. Next Meeting March 12 at 8 pm.

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