



LAKE FOREST YACHT CLUB

P O R T H O L E • N E W S

DECEMBER 1996

4 BIG Events this Month

- Dec. 6..... ANNUAL MEMBER-SHIP MEETING, 8pm,
wine & cheese, club
business at the clubhouse
- Dec. 15 HOLIDAY BREAKFAST
9-noon, for families
- Dec. 23 HOLIDAY FAMILY
MOVIE MATINEE, 1-
3pm, BYObanket
- Dec. 31 NEW YEARS EVE
BASH 8pm to 1am,
plan to join the fun at the
Club's New Year's Party

UPCOMING EVENTS

- Movie or Pizza Night
- Boys Night Out
- Bus Trip to PA Shopping Outlets
- Bus Trip to Atlantic City
- Spring Social

Commodore's Message

We have just entered the annual season of change including the traditional holiday shopping madness, the time we visit family and friends, and the time for winterizing the Club including installation of the Ice Eaters—please remember the open water created by these devices at the docks during your lake activities

December is also the season of the Annual Membership Meeting. Please plan on attending on Friday, Dec. 6 at 8pm when members elect new Trustees and participate in discussion and voting on various matters. At our last Trustee's meeting we decided to have an open discussion concerning the recently created position of the social director currently filled by Kathy DeSena; as well as about a community curfew.

Kathy is planning a fun party for New Year's Eve—an especially great attraction since the bash will be partially underwritten by the Club, bringing your cost down to \$15 per couple! Don't miss the Dec. 21 deadline for reservations—it's a firm date!

Finally, I wish to add that it has been a real pleasure to serve our Club for the last four years—see you all at future Club functions. Have a wonderful holiday season.

Bernard Genaud, Commodore

BOARD OF TRUSTEES

Bernard Genaud		Commodore	-4649
Bob Drummond		Secretary	-0074
Tom Morris		Treasurer	-4019
Richard Stafford	-2605	Jeff Bessemer	-1916
Craig Peters	-5120	Bob Luongo	-1793

TRUSTEE COMMITTEE ASSIGNMENTS

BOB DRUMMOND	TOM MORRIS	BOB LUONGO
Land Sale • By-Laws • Insurance	Swim Team • Galley	Budget • Nominating • Grounds/Maint.

BERNARD GENAUD
Social • Beach
Welcoming/Membership

RICHARD STAFFORD
Security • 5 Year Plan
Porthole

JEFF BESSEMER
House • Tennis/Sports/Sailing
Grounds/Maintenance • Security

CRAIG PETERS
Nursery School • Docks
Co-Grounds/Maintenance

LFYC Office — 663-0158 — Tues • Thurs • 8 am to 2 pm • Sat 9 am to noon

Mrs. Margaret Dam, Administrative Assistant

House Chairman - Grace Bacorn -2944 • Nursery School Chairman - Jayne Petit-Clair -2598

Social Director - Kathy De Sena -1629 • Swim Team - Jim Bashant -3082

Security - to report trespassers • in case of emergency • call Jeff. Twp. Police 697-1300

The Porthole is published by MG LaserPublishing. Ad Info - Marlene 663-4649

BABYSITTERS

Red Cross				Red Cross			
name	age	certified	phone	name	age	certified	phone
Jessica Levinson	12	yes	1383	Lydia Oser	15	yes	5820
Robyn Faruolo	13	yes	2166	Elaine Sutcliffe	17	—	0632
Lisa Greene	16	yes	1128	Lydia Seeland	12	yes	1693

To be included on the Babysitters List leave your name, age, phone, whether you've completed the Red Cross Babysitting Class on the answering machine 663-4649. (LFYC membership required.)

Repairs

Restretch



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\$5.95

cannot be combined with any other offer.
Expires Nov. 30th 1996

NICK'S Restaurant & Pizzeria

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HAPPY NEW YEAR'S NEWS!



\$15 ONLY!
per Couple
Members & their Guests

Lake Forest Yacht Club
Dec. 31, 1996
8 pm to 1 am

Hot & Cold Buffet
Champagne Toast

Music & Dancing

RSVP to Office • Deadline Dec. 22

BELATED CONGRATULATIONS TO MAGIC PALETTE ART SHOW WINNERS

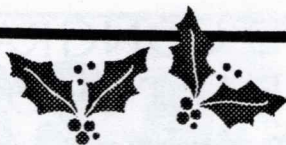
All Susan Miller's students at the Magic Palette Art Studio are winners—each has a talent that is nurtured through Susans' skills as an art teacher—and each has an opportunity to showcase their individual talent in the program's annual September art show. This year students, who came from Lake Forest, Lake Shawnee and throughout Jefferson Twp. and Sparta, were: Kate Dellaterza, Danielle Geib, George Clements, Jessica Levsinson, Stacey French, Kristina Runne, Geoff Gellas, Aleesha Punturieri, Jessica Conahay, Josandra Anderson, Caitlen McGauley, Nancy McConley, Glennie Wolfe, Donna Scarcelli, Dane Whitefleet, Roxy Wolfe, Matt Gonabe, Doug Johnsen, Emily Chapter, Carra Scardelli, Kevin Taylor, Jeff Masters, Johanne Fink, Kristin Paul, Tanya & Holly Pressel, Mark Palmiere, Jacquelin Bolcar, Taryn Gonabe, Kate Kensheneff, Kelly Vuich and AnneMarrie Viveni.



THE SCOOP ON THE POOP

Pooper Scoopers are IN, everybody! Whether you buy a commercial scooper or invent your own contraption homeowners will be supporting those considerate dog owners all the way. All of us know the unpleasantness of having to clean up after thoughtless dog owners who allow their animals to use our property as their personal toilet. Here's a suggestion for a dog owner's pooper-scooper that costs nothing and does the job to everyone's satisfaction:

TAKE THE PLASTIC SLEEVE YOUR NEWSPAPER IS DELIVERED IN AND STUFF IT IN YOUR POCKET. AT THE APPROPRIATE TIME SLIDE YOUR HAND INTO THE BAG ALL THE WAY TO THE BOTTOM. PICK UP THE THE OFFENDING "STUFF" WITH YOUR PLASTIC COVERED HAND, SLIDE THE PLASTIC DOWN OVER YOUR HAND, RELEASE YOUR GRIP AND TIE A KNOT IN THE BAG NOW HOLDING THE "STUFF". VOILA!



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expires 12/31/96
can not be combined
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OFF
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WAVES**

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FAMILY HAIRCUT CENTER
OF JEFFERSON

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Mon-Fri 9-8 PM Sat. 8:30-5 PM
OPEN SUNDAYS
10 AM - 3 PM

YES!



**IT'S ANNUAL MEETING TIME
AGAIN!**

**DON'T MISS THE INTRIGUE!
THE DELECTABLE CUISINE!
THE INSIDER INFORMATION!**

**IT'S A ONCE-A-YEAR EVENT
— DON'T MISS IT!**

This Friday!

**DECEMBER 6
8 PM SHARP**

Jerry Ochs

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THE SPORTING LIFE

Michael Stewart 663-2241

We are now well into autumn and the nights are much longer than the days. It is time to think about what was accomplished this past summer, what to do to maintain the level of activity attained, and what are goals for the future.

I saw many new runners and walkers out on the roads around our lake area this past summer. Some that I saw running had been walkers for a long time, so they had changed their training. Remember, though, whether you walk or run, the important point is to set your goals and move toward them.

If you want to keep out on the roads during the fall and winter, you have to change your approach because of the darkness, the temperature, and other climatic conditions. In most cases you can stay outdoors to do your aerobic activities. The extended darkness requires thinking about being seen. Unless you have a particular reason not to let the cars see you as you use the roads, you need to wear things that make you stand out. Most good shoes for running have reflectors on them. A reflective vest is very good inexpensive item, it is hard not to see. There are some inexpensive clothes, especially jackets, made especially for running or walking at night, that have reflective strips right on them. The amount of reflective area is not as great as the vest. Now there are some rather expensive jackets and shorts that are made entirely of reflective material. You can also buy shoelaces that are reflective. Carrying a flashlight is useful if you want to see what the road conditions are, or if you want to look at things. Generally, however, if you are concentrating on your training you will want to have

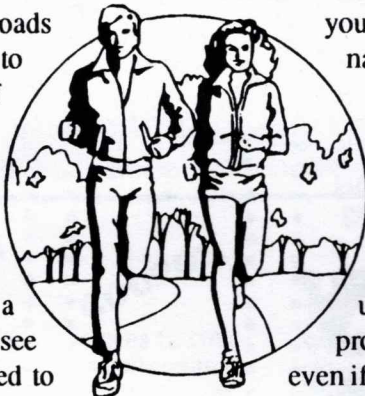
your hands free, especially if you are running. I have not covered all of the ways that you can be seen on the road, but at least it is a starting point.

Dressing for the weather is very important. DO NOT underdress and be susceptible to frostbite. The temperature may be around freezing or below, and, even if the wind is not blowing, runners generate their own breeze. Dress in layers, including a windbreaker, just as for x-country skiing. I particularly like turtleneck sweaters. You should not wear heavy, bulky clothes. Whether you are walking or running,

you will raise the output of your internal furnace and start to sweat. You want that perspiration to be able to evaporate. There are clothes made of materials that help to remove the moisture that you develop, this helps to keep you from getting chilled. As you get used to dressing this way, you will probably find that you will do that even if you are going outdoors for other reasons, even work.

Another real problem to watch for is ice on the roads. As a runner or walker, you must think about the problems of a car driver as well as your own. It is very hard to maintain control of a car on the ice. You, being on the road and seeing the headlights must make allowances for the driver's problems. A driver forced to stop on a slick street may slide, or an unseen ice patch may cause the driver to lose control.

If you use common sense when on the road and dress properly, you can continue right through the winter. When warm weather arrives again you will not have lost any of the gains that you had made this season.



Clip this coupon, fill in, return to
office by Dec. 11 with your check

name _____

phone _____

of adults _____

of children _____

Sunday, Dec. 15

9 am to noon

Holiday Breakfast

**Get into the holiday spirit with the
Club's Family Holiday Breakfast**

Eggs & Sausage
Pancakes, etc., etc.

\$5 adult

\$3 child



7 Duck Point Terr
Lake Shawnee, NJ 07885

DONNA J. SANDERSON

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PHONE: 201-663-5551
FAX: 201-663-5551*51



SR ELECTRIC

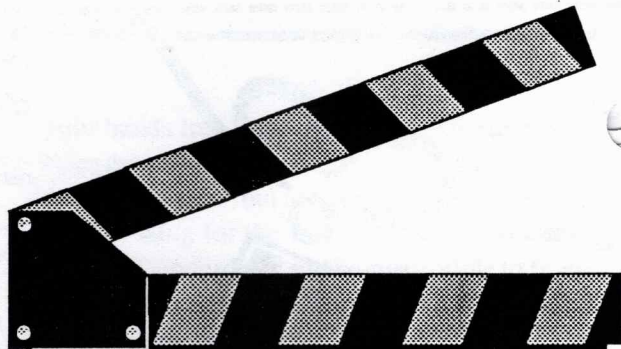
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**Call Steve
663-5478**

**15 Woodlawn Terr.
Lk. Hopatcong**



Monday • DECEMBER 23 • 1-3pm

BYO blanket & an adult

BYO drink in sports bottle

FAMILY MOVIE MATINEE

Popcorn provided | FREE

It is with regret that we inform you of the passing of long-time Lake Forest resident and LFYC member Ed Dessingue.

Might you be interested in getting into newsletter publishing? The *Porthole* is a great way to start—it was my first newsletter 15 years ago!

I'd like to "retire"—but not until I've helped someone else take over the *Porthole* for the Club. Want to hear more about this job opportunity? Call Marlene -4649 or Rick Stafford -2605 for more information.

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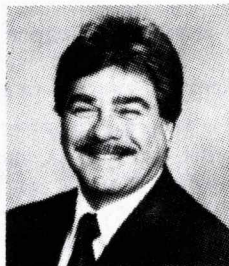
AVAILABLE HOMES:

86 East Shawnee Trail	3BR Lakefront	\$179,500
41 Ripplewood Drive	Lake Front	269,900
63 West Shawnee Trail REDUCED	3 BR Starter	104,000
15 Mason Street	2 BR Starter	110,900

RECENTLY SOLD HOMES:

2 Ripplewood Drive	Lake Forest	Closed
85 East Shawnee Trail	Lake Shawnee	Closed
19 Yacht Club Drive	Lake Forest	Closed
5 Windjammer Drive	4 BR, 2.5 baths	Closed
136 East Shawnee Trail	Lake Front	U/C
34 Reservoir Road	3 BR Cape	U/C
59 Woodlawn Terrace	2 BR Split	Closed
19 Lorettacong Dr.	3BR Ranch	U/C
19 Venetian	Lakefront	U/C

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**3 months FREE
to members
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663-4649**

HOUSEHOLD ITEMS FOR SALE

- dishwasher replacement parts GE/RCA/Hotpoint, brand new "hub & brng" #WD22x71 (\$22.25 new); "pwr-twr kit" #WD22x120 (\$19.25 new), make an offer, call Diorios 0647
- Ready to start the college search w/yr HS junior? Barron's Profiles of Am. Colleges '93; The College Board's College Handbk. College Costs & Financial Aid Handbk. 10 SATs all '95; The Princeton Review PSAT & SAT workbks '91-'93; The Fiske Guide to Colleges '96; '96 Money mag. "Your Best College Buys Now"; all \$50; Marlene 4649
- Ebonite reg. size billiard table, good cond. \$650, call Eric or Jill 4948
- Little Tykes kitchen-oven set, pantry, washer/dryer/ironing station, lots of play food; will sell as pkg or indiv. parts, call Karen 2979
- 80" navy sofabed, good cond. \$60; Susan 5526
- computer desk \$25, drawing table \$10, call Adrienne 4230
- alto saxophone, Bundy, excellent condition, \$365, call Vern 4120
- '96 Mongoose Freespirit BMX expert, lists \$300+ asking \$200 or BO, call Bob 2944
- FULL CONTENTS OF HOUSE FOR SALE incl: dining rm set w/server, 2 reclining chairs, misc. household items, call Joe or Ginny -1314
- Bundy alto sax, exc cond. \$365, call Vern -4120
- FREE wall-mounted DP Gym Pack 2500

exercise bench w/weights, also men's 10 spd. bike \$25, call Marilyn 0348

- 2 pc. Childcraft white baby furniture \$125; La-Z-Boy rocker/recliner \$30, brown plaid rocker \$20, call Debbie -2539
- Basstender II fishing boat, 10ft, live well, lights, 2 swivel seats, 165 lbs, like new, \$550 or BO, call Warren -3949
- White -Westinghouse front loading washer, bottom unit of washer/dryer stackables, exc. cond. \$225, call Hank -4378
- waterbed, dark pine, queen w/6 drawers, bkcase headbd, \$150 or BO, call Nancy 0342 or -1764
- "Hooked on Phonics" used 2-3x; "Hooked on Math" unopened; ea @ \$100; math & reading head start PreS thru Gr. 2; call Michael or Nora -0750
- bumper pool table \$150; 5 antique bentwood chairs \$125; call Jane -1703
- 24' travel trailer, good cond, liv. rm, bdrm, bathw/shower, kitchen w/apps, \$4000, call Marc -5551

HOUSES/CONDOS FOR SALE/RENT BY OWNER

FOR RENT condo Stratton Mtn-southern Vermont; sleeps 6; outdoor heated pool; near golf & Manchester Ctr=unique shops, dining; \$300, call Dave or Barba -1051

BEACH HOUSE FOR RENT Long Beach Island duplex, 3BR, 2bath ea. floor, 5 houses fr. beach, rent now for next summer, call Jeff 4230

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SEPTICSYSTEMS
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MINUTES • TRUSTEE'S MEETING

Nov. 12, 1996 - Synopsis

Facility Winning bid to replace playground fencing won by Tri-County Fencing. 3.5 ft. fence installed @\$1,100. S&R Electric winning bidder on electrical bid for motion detectors \$875. KDM winner bidder to repair tennis court at \$650. Copier usage will be studied and referred to next meeting. TV cable connection to be repaired, discussion on purchase of TV for next meeting.

Personnel Beach Director Selection Committee defined job description for Beach Director and interviewed candidates for 1997 position. Will announce choice to membership at Annual Meeting. Discussion regarding continuing position of Social Director to be open to membership input at Annual Meeting.

House 6 add'l dollies to be purchased for clubhouse chairs. More stable ladder to be purchased for clubhouse use. Ice Eaters will be installed by Craig & Bob.

Property Commodore property discussed.

Porthole Marlene Genaud had requested Club find a replacement for Porthole publisher.

Finance Five Master Lease properties still 3 years in arrears to be sent to Ann Huber for legal action.

Social New Years Eve Party planned by Kathy DeSena. Deadline Dec. 21/no exceptions. Cost of tickets \$15 per couple.

Trustees Attending: Genaud, Drummond, Morris, Stafford, Peters

ANNUAL MEETING FRI, DEC. 6, 8 PM

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We do the work ourselves, we do not hire the lowest price bidder to work on your home. Our employees are polite and clean-cut. We are professionals. We do a better job.

Thank you,
Master Carpenter
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EMR for all your construction needs.

FROM DESIGN TO COMPLETION, WE ARE SIMPLY BETTER

JIM'S GARDEN SPOT

For most of us, this will be the final month for raking leaves. Be sure to get all of the leaves off the grass. Leaves make very good mulch for protecting perennial plants and newly planted bulbs. Pile up about a foot of dry leaves over areas that you want to protect. The purpose of this is to prevent freezing and thawing sequences. Once bulbs or perennials freeze, they should stay frozen for as long as possible. Salt hay is also another very good material to use to prevent alternate freezing and thawing.

After you have completed your final leaf clean up, it is a perfect time to apply the last application of fertilizer. This should be done prior to the grass going dormant. Applying winterizer fertilizer gives your lawn needed nutrients for the winter months and gives it a jump start for the spring.

If you have a problem with snow mold—that matted, spider web stuff on your grass after the snow melts—November is the time for treatment. The treatment is quite expensive, but may save your lawn and a lot of back breaking raking in the spring. It might be a good idea to speak with Bob at Mohawk Gardens in Sparta about your problem prior to applying the necessary fungicide. Don't forget to winterize your lawn mower and sharpen the blade prior to putting it to sleep for the winter. Be sure to run all of the gas out of the tank.

Always wear rubber gloves when working with fertilizers and pesticides. Wear a dust mask or respirator when spraying.

THE SPINE: KEY TO YOUR HEALTH



*American Journal of Pain Management Vol. 4, No. 1, January 1994

The spine is the key to the body's sustained good health according to researchers* and posture is a window to the health of the spine. The importance of posture should never be minimized. A recent study on posture concluded that, "Posture affects all human function... from breathing to thinking."* In order to make more people aware of the importance of the spine and posture and to introduce new families to the many benefits of chiropractic care, we offer a **FREE** spinal health class every Wednesday at 7 PM in our office.

To find out how modern chiropractic care can help your body to achieve maximum health and function, call our office to schedule a health class and initial examination today.

Lake Hopatcong Family Chiropractic

Dr. Kim R. Stetzel
231 Espanong Road
Lake Hopatcong, NJ

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Seasonal Specials

- Free Calif. Gift Certificates
- 25% OFF Art Sets (over \$13.99)
- 25% OFF Needle Art Kits
- Up to 50% OFF Xmas Decorations

MOONLIGHT SALE • FRI THE 13TH
25% TO 50% SAVINGS • 7-10PM

Hobby Horse Arts & Crafts

Daily 10 am-6pm, Sat. 10-5 pm



Sun. 11am-4PM



Specializing in
YOUTH SPORTS
"Equipment" "Cleats" "Sneakers" "Skates"
AT LOW PRICES!!



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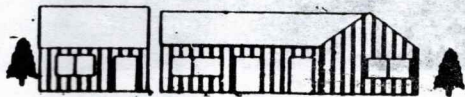
Tu-Th 10-5 :30 Fri 10-7 Sat 10-5 Sun 11-3

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HURDTOWN PLAZA



663-2541 808 Rt. 15 South, Jefferson



HURDTOWN HAPPENINGS



Fri. Dec. 13th - 7pm to 10pm - Moonlite Sale

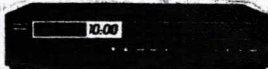
Allyson's: 50% OFF Holiday Clothing

Hobby Horse: 25% to 50% OFF Storewide

KidSport: 25% OFF Storewide

Dec. 25 & 26: All Stores Closed. Check for individual openings.

DELTRONICS



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- Large Selection Games & Toys Arriving Daily •
- Men's & Women's Clothing, too! •

Closed for Winter Vacation 12/25-29

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