



JULY 1992

- July 18 - Mets vs. San Francisco Game Bus Trip, tickets should be purchased by July 1, see p. 10
 - Lk. Forest Swim Team vs. Mendham at home, p. 13
 - Hoagie Orders Due, p. 12
- July 22 - Curbside Recycling
- July 29 - Lk. Forest Swim Team vs. Solar Sun at home, p. 13

**LFYC SUMMER BEACH
EVENT & ACTIVITY SCHEDULE**
see p. 7, 11, 12

LFYC Office • 663-0158

Mo • Tu • Th 8 am - 1 pm Sa 9 am - noon

Mrs. Margaret Dam, Administrative Assistant

Board of Trustees

Paul Murray	Commodore	-0478
Bob Drummond	Secretary	-0074
Virginia Conk	Treasurer	-1314
Pete Garland	-1661	Ron Sorensen -0807
Mike Sutcliffe	-0632	Ann Moore -1493

Trustee Committee Assignments

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Grounds/Maintenance

Peter Garland
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Five-Year Plan

Bob Drummond
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Insurance

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Nursery School
Beach

Virginia Conk
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Social/Membership/Welcoming

Mike Sutcliffe
Galley • Sports/Sailing
Swim Team • Block Captain

House Chairman - Grace Bacorn -2944 • **Nursery School Chairman** - Betty Peters -5120

Swim Team - Jim Bashant -3082

Security - to report trespassers • in case of emergency • call Jeff. Twp. Police 697-1300

The Porthole is published by **MG LaserPublishing 663-4649**

BABYSITTERS

name	completed Red Cross Babysitting Course	age	phone	name	completed Red Cross Babysitting Course	age	phone
Amy Hendrickson	yes	13	-1844	Maggie Sinclair	yes	14	-1346
Elizabeth Moore	yes	14	-1493	Erika Faruolo	yes	13	-2166
Nina Sutcliffe	yes	15	-0632	Jennifer Sehnert	yes	13	-5486
Brooke Bailer	yes	13	-0641	Lisa Greene	yes	11	-1128
Cara Leach	yes	15	-1703	Elaine Sutcliffe	-	14	-0632
Sarah Murray	yes	15	-0478	Randy Leach	-	14	-1703
Lauren Bashant	yes	13	-3082	Suzu Sinclair	yes	12	-1346

Want to be on the babysitters list? Call LFYC office -0158 or MG -4649; give us your name, age, date of birth, phone & if you've completed the Red Cross Babysitting Course.



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COMMODORE'S MESSAGE

Dear Members,

School's out, summer's here and everything is in full swing at the beach. Marilyn and staff have been hard at work planning activities for the summer, many of which you requested in our recent survey. So far we have had great arts and crafts, a knock-hockey tournament, a water balloon contest, a fishing contest and more. Swimming lessons are just beginning and will run throughout the summer.

So, if you haven't been to the beach yet this summer, we invite you to come down and check out the activities planned for the rest of the summer. And three cheers to the guards for doing a great job keeping the beach clean!

There are still a few tickets left for the Mets game against San Francisco. The game is July 18th and the bus will leave at 4:30 pm from the Club parking lot.

Paul Murray, Commodore

TOWNSHIP TIDBITS

SUMMERFEST CONCERT AT MAHLON DICKERSON IN AUGUST

The Morris County Park Commission continues its popular Summerfest Concerts with 17 concerts scheduled in parks across the county. On Wednesday, Aug. 5 from 6:30 to 8:30 pm, *Feetwarmers*, a jazz-combo, will perform at Mahlon Dickerson Reservation in Jefferson Twp. Bring your own seatin, and be sure to take some defense against bugs. For a pocket-size schedule of the 20th annual Summerfest Concert series send a stamped, self-addressed envelope to Concerts, PO Box 1295, Morristown, NJ 07962-1295.

CONGRATULATIONS LAKE FOREST GRADUATES

JEFFERSON TWP. HIGH SCHOOL

Brian Bandura
Glen A. Boyd, Jr.
Beth Kershaw
Jennifer M. Nielson
Anna Seeland-1693

JEFFERSON TWP. MIDDLE SCHOOL

Rebecca Boyd
Christopher DePaul
Alexander Genaud
Randolph Leach
Adam Mahler
Jessica Mills
Elizabeth Moore
Margaret Sinclair
Heather Standfast
Mairin Sutcliffe - Valedictorian
Scott Reasons

BACHELOR OF ARTS/SCIENCE

Julie Bader
B.S. Elementary Education
Messiah College

Nancy Hughes
B.S. Economics
Messiah College

Darian Schiff
B.A. French
Brandeis University

LFYC TRUSTEES MEETING MINUTES

June 9, 1992

(Minutes are synopsisized, For a complete copy, please see Margaret at the LFYC office.)

MAINTENANCE Jim McGraw will start repair work on galley restrooms in September. Some discussion on material to be used for ladies room's vanity (used for changing table) to prevent/inhibit moisture damage.

BEACH Weed treatment by Aquatic Analysts, Inc. this year per recommendation of LHRPB and receipt of lower bid. W.A.T.E.R. Works will be contacted by '92 water testing.

SECURITY Security Patrols Inc. suggested water faucet at guard room be repaired with turn-off valve inside guard room; gave \$50. donation to swim team, and requested meet schedule. Made suggestions regarding lighting of Club and possible help from JCP&L to address needs. Rock was thrown through office window, no theft or other damage. Police report was filed and glass replaced.

NOMINATING Those interested in being nominated for LFYC Trustee for '92-'93 term should contact Pete Garland.

AL HUTCHINS & SON EXCAVATING

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To commemorate the Red, White & Blue.

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But subluxations can also cause problems that may not result in immediate pain. By irritating nerves, they can diminish the nerve supply that flows to all the major organs of your body.

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Fortunately, many people today are discovering that an ounce of Chiropractic



prevention is worth more than a pound of cure.

Chiropractic adjustments correct subluxations and keep your nerve energy flowing freely, helping to prevent pain, illness and disease from occurring in the first place.

That's why you'll find lots of people in Chiropractors' offices these days without even the slightest back pain. They've discovered this safe, natural, drug-free method of getting well and staying well.

So don't wait for a backache to bring you to a Chiropractor. Call our office today and arrange for a special introductory consultation.

LAKE HOPATCONG FAMILY CHIROPRACTIC

Kim R. Stetzel, D. C.

231 Espanong Rd, Lk. Hopatcong,

663-5633

SUMMER FUN EVENTS-LFYC

RESULTS

Knock Hockey Tournament - July 1

22 kids competed in 2 age groups.

Winners in the the 9 & unders were:

- 1st — Sean Murray
- 2nd — Adam Greene

Winners in the 10 & ups were:

- 1st — Mike Leondi
- 2nd — Lisa Greene

1st Annual Fishing Contest — July 4th

A good time was had by all participants & parents who enjoyed donuts and coffee at the galley — official weigh-in station and kaffeeklatsching area!

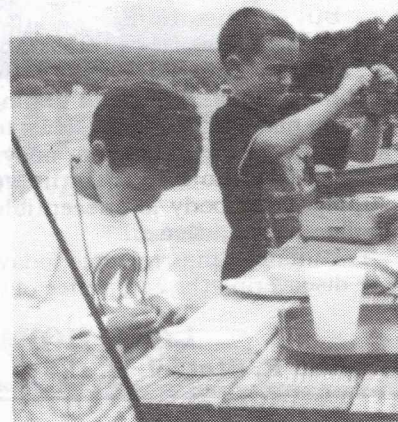
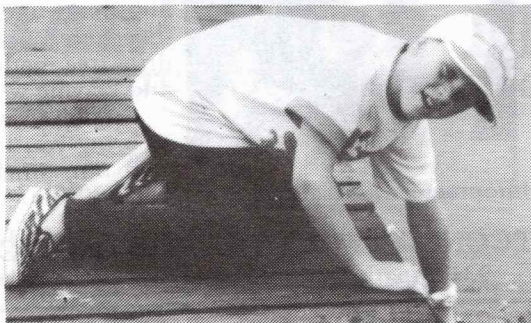
Winner — Kyle Carter — 2 lb. 14 oz. bass

(Kyle caught a total of 5 fish (1 bass, 2 catfish, 2 perch))

'92 LFYC
Recreation
Director
Marilyn
Agresto
with Fishing
Contest
winner
Kyle Carter.



Clockwise
from right::
James
Murray,
Joseph
Pilewski,
Peter
Kurptewski,
Sean Murray,
Gabrille
Luongo



UPCOMING LFYC BEACH EVENTS & CLASSES

July 6, Mon.	Emergency Water Safety Begins; Swim Lessons Begin	
July 7, Tues.	Frisbee Tag; Marshmallow Roast (bring your own green sticks, approx. 18" long)	
July 8, Wed.	Airplane Glider Craft (all ages, \$1.)	
July 9, Thurs.	Breakfast Craft for all ages (juice, bagels coffee for Mom, \$2./family)	9:30 am
	Storytime	11 - 11:30 am
	Sandcastle Building Contest (judged by lifeguards), bring yr dolls & figures	1-3 pm
	Sprinklers on the Beach	2 pm
	(Water will be treated for weeds today - No Swimming) Thurs. lessons made-up Friday	
July 10, Fri.	Swimming Lessons — 9:30-1:15 am Intermediates, 10:15 - 11 am Swimmers	
July 11, Sat.	Drop-in Adult Swim/Stroke Clinic (meet at swim lanes)	3 - 5 pm
	Drop-in Dive Clinic (learn to dive, ages 8 - 14)	5:15 - 6 pm
July 13, Mon	Emergency Water Safety	9-noon
July 14, Tues.	Wiffleball Games (on the ballfield)	10-noon
	Balloon people (ages 3-6, 50¢)	3 pm
July 15, Wed.	Sailboat Craft (8 + yrs, limit 10 people)	9-10:45 am
	Finish Sailboat Craft, if needed	2 pm
	Drop-In Water Aerobics (no sign-ups necessary)	11-11:30 am
July 16, Thurs.	Beginning Diving (springboard diving, ages 8 +)	1:30-2:30 pm
	Advanced Diving (flips, back dives-learn to do them safely; 10 + yrs.)	2:30-3:30 pm
	• both w/ diving instructor Hester Dawson	
July 17, Fri	Drop-In Water Aerobics	11-11:30 am
July 18, Sat.	Drop-In Adult Swim/Stroke Lessons	3-5 pm
	Learn to Dive, Drop-In lessons (ages 8-14)	5:15-6 pm
	Mets vs San Francisco Games (contact Margaret in the office for tickets)	
July 19, Sun.	Family Games (Come on down for some old-fashion fun)	2-4pm
	Evening Dessert Party (bring a dessert; coffee, juice, milk provided)	6:30 pm
July 20, Mon.	Emergency Water Safety Course-last class	9-noon
July 21, Tues.	Big Wheel Derby Nite & Doughboy Roast (bring 18" green sticks, \$2./family)	6 pm
July 22, Wed.	Paint Craft (all ages, free)	9:30-10:30 am
	Drop-In Water Aerobics	11-11:30 am
	Storytime (all ages)	11:45-12:15 pm
	Tube Relays (participants must be able to swim)	2-3 pm
July 24, Fri.	Field Games (meet on the ballfield; bring empty plastic soda bottle)	9-10:30 am
	Drop-In Water Aerobics	11-11:30 am
July 25, Sat.	Drop-In Adult Swim/Stroke Lessons	3-5 pm
	Drop-In Learn to Dive (ages 8-14)	5:15-6 pm
July 26, Sun	Family Games (more games for the whole family)	2-4 pm
	Dads/Kidd Volleyball (even house #'s vs. odd house #'s)	4 pm
July 27, Mon.	Sand Painting (all ages \$1.)	10-noon
July 28, Tues.	Family Rollerskating Rink at LFYC (parking lot w/music, BYO Snacks)	6 pm

continued on p. 11

LIFE'S NOT ALL A BEACH FOR

Meet the '92 lifeguard staff at LFYC:

(Left to right) Moire Rudloff, Tom Sayles, John Hayowyk, Dan Johnson



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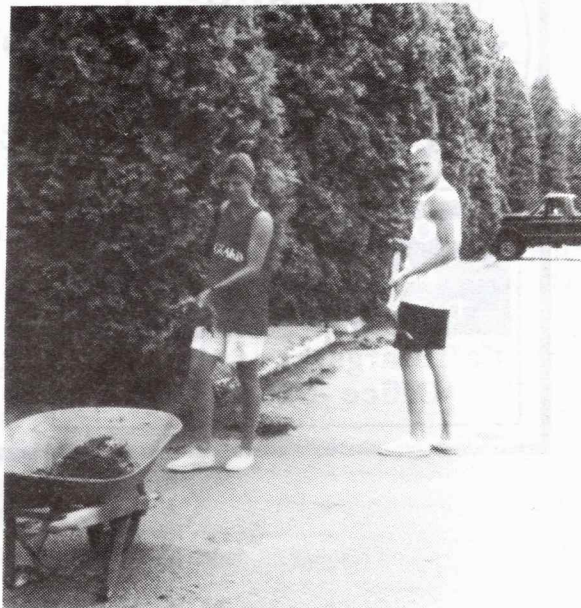
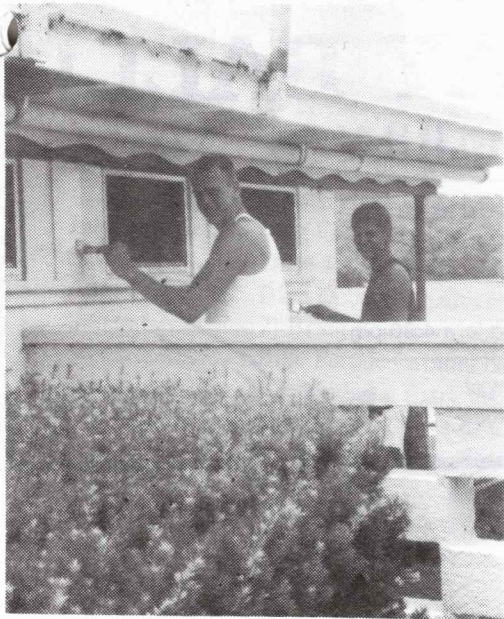
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NYC's HARDWORKING GUARDS

Lifeguards Dan and Tom catch up on painting and edging the parking lot, among other maintenance chores, on cool days when beach visitors are slow in coming down to the Yacht Club.



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BUY YOUR TICKETS!**

**Call Margaret at the LFYC
Office -0158 NOW!**

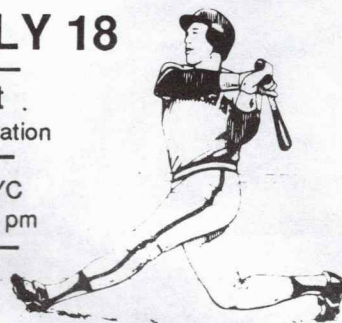
LFYC MEMBERS AND THEIR GUESTS
NY Mets vs San Francisco
PLAY BALL!

This Sat, JULY 18

\$18/ticket
incl. bus transportation

Bus leaves LFYC
parking lot • 4:30 pm

Payment at
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- '80-20' SeaRay 250 hp Mercruiser I/O \$5,800.
- '84-18' SeaRay Seville 140 hp Mercruiser I/O \$5,800.
- '89-23' SeaRay Pachanga 350 hp Mercruiser I/O w/trailer \$25,000.

UPCOMING EVENTS — LFYC BEACH — continued



July 29, Wed.	Indian Craft (ages 10 +, limit 10, \$2.)	9-10:45 am
.....	Drop-In Water Aerobics	11-11:30 am
.....	Finish Indian Craft, if needed	2:15 pm
.....	Paint Craft (ages 3-6, \$1.)	2:30 pm
July 30, Thurs.	Beginning Diving (springboard diving, ages 8 +)	1-2 pm
.....	Advanced Diving (flips, back dives-learn to do them safely; 10 + yrs.)	2-3 pm
.....	• both w/ diving instructor Hester Dawson	
.....	Knock Hockey Tournament (all ages)	3:15 pm
July 31, Fri.	Flag Football	9-10:30 am
.....	Drop-In Water Aerobics	11-11:30 am
Aug. 1, Sat.	Bike Decorating Contest 1) all bikes/trikes must be decorated at clubhouse	
.....	2) Bring your own decorating supplies (crepe paper, balloons, streamers, etc.)	2 pm
.....	Bike Parade (around ballfield)	4 pm
.....	Bike Judging (park bikes at clubhouse for judging)	4:30 pm
.....	Bike Contest Awards Ceremony	6:30 pm
.....	Ice Cream Sundae Bar (\$1./person)	7 pm
Aug. 3, Mon.	Drop-In Water Aerobics	11-11:30 am
.....	Ping Pong Tournament (ages 10 +)	4 pm
.....	Barbeque (hamburgers, hot dogs, chips; bring a salad; \$5/family)	5 pm

continued on p. 12



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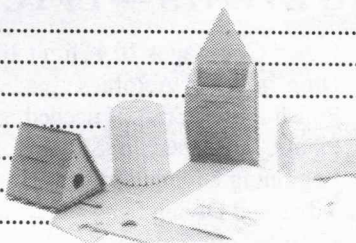
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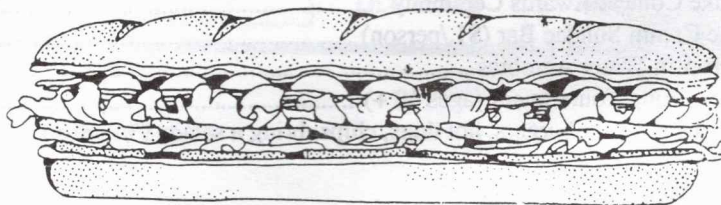
UPCOMING EVENTS — LFYC BEACH — continued

Aug. 4, Tues.	Craft (all ages; \$1.)	11:30 am
Aug. 5, Wed.	Drop-In Water Aerobics	11-11:30 am
.....	Craft (ages 7 +); \$1.)	2:15 pm
Aug. 6, Thurs.	Swim Classes cancelled (see Fri)	
Aug. 7, Fri.	Swim Classes Make-Ups	
.....	Drop-In Water Aerobics	11-11:30 am
Aug. 9, Sun.	Drop-In Adult Swim/Stroke Lessons	noon-2 pm
.....	Family Games	2-4 pm
.....	Teen/Lifeguard Greased Watermelon Contest	4 pm



HOAGIE SALE

July 10 - 18, 1992



HOAGIES ON SALE NOW! TO END '92 FUNDRAISING SEASON

Starting this past weekend swimmers have fanned out to sell the team's ever-popular Hoagies to raise money for a fund to replace their floating dock—presently held together with lots of hope, prayer and bubble-gum. Everyone is hoping, and working hard, for a good return for this last of 3 fundraisers for this season. To enjoy one of these scrumptious Hoagies (for delivery to your door on July 29) contact your nearest neighborhood swim team member, or call Liz Greene at -1128. Hoagies are a bargain at \$3.50 and feature ham, salami, provolone, lettuce, tomatoes, onions, on a delicious roll. Hot peppers are available on request, and the dressing is delivered on the side.

DON'T HESITATE! HOAGIE SALE ORDERS MUST BE RECEIVED BY JULY 18.

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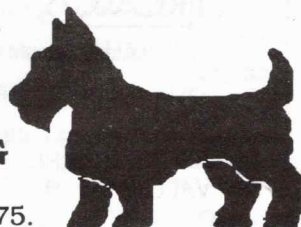
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LANE LINES - News of the Lake Forest Swim Team

Those 5 nights at the West Morris YMCA and practice in our own lanes after school let out have given the '92 Lake Forest Swim Team an edge in the NJRLL that has us very pleasantly surprised. Expecting a respectable defeat to the large Randolph team, we were ecstatic to tie them, and then go on to trounce Cranberry Lake and Hackettstown:

July 1	Randolph	119 to 119
July 8	Cranberry Lake	252 to 134
July 11	Hackettstown	247 to 169

REMAINING '92 SEASON MEETS

July 14	6:00 pm	vs Roxbury at home
July 16	6:00 pm	vs. Shongum
July 18	9:00 am	vs Mendham at home
July 22	6:00 pm	Shore Hills
July 25	9:00 am	Lake Shawnee
July 29	6:00 pm	vs Solar Sun at home

Anyone interested in attending away meets can find directions on the team's bulletin board. Of course the team especially appreciates all those who come to home meets to cheer them on.

Dear LFYC Members,

We're all very pleased that so many of last year's swimmers returned this year—in fact it's something like 92%. Lake Forest is a very young swim team with more in the 8 and under category than in the 11/12, 13/14, 15-18 categories combined. Even with the weakness in numbers we've certainly excelled in spirit and skill to beat established teams handily. We're pretty amazed ourselves—what a great bunch of kids, and what a terrific coach!

Jim Bashant, President



Lake Forest Swim Team swimmers wait in the Randolph Park marshalling area for their heat to be called. L to R: Susan Gillis, Lauren Bashant, Robin Faruolo, Kathleen Olivieri, Maritza Manrique

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5-Year Drawdown Info for Lk. Forest Residents

The Lake Hopatcong Regional Planning Bd has asked us to pass along this information to you:

As you may be aware, 1992 is the scheduled year for the five-year major drawdown of Lake Hopatcong. The schedule for the drawdown is as follows:

- 1) The drawdown will start on approx. Sept. 9, and be conducted at a rate of approx. one inch per day. This rate will vary based on ongoing rainfall.
- 2) By Sept. 30, the Lake should be down approx. 2 ft.—about the lowest level the lake can be used for recreational navigation—most boats should be out of the lake by this time.
- 3) The maximum five ft. level should be reached by Oct. 31. The lake will remain at this level for repairs to docks, etc. until Dec. 15.
- 4) On Dec. 15, the dam will be returned to the minimum flow and the lake level allowed to rise. The “fill-up” will stop for the winter when solid ice conditions are achieved. We hope to gain a headstart on the fill-up of approx. 12-18 inches prior to the onset of solid ice.
- 5) Immediately after the ice breaks for the shore in late winter or Mar 1, 1993, whichever is earlier, the lake level will be brought up for the 1993 season. Full lake level, depending on rain, should be reached by May 1.

You should be advised that state and local permits are needed for any dock or seawall construction and that state permits are needed for any dredging activities.

Fine Salon Service for the Entire Family

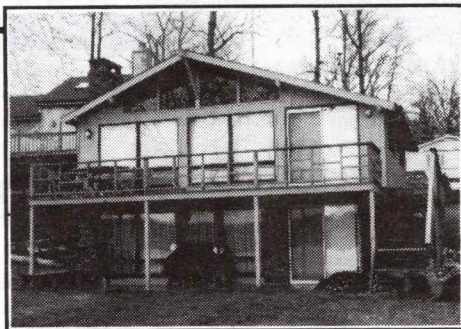
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(Look for the Tooth Clock)

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- NITROUS OXIDE AVAILABLE
- GUM (PERIODONTAL) TREATMENT

DR. BRADFORD R. RIPPES
Optometrist

TOTAL EYECARE

DR. MARY CELENTANO
Optometrist

- Comprehensive
State-Of-The-Art
Vision Care
- Eyewear For Every
Budget Made On
Premises



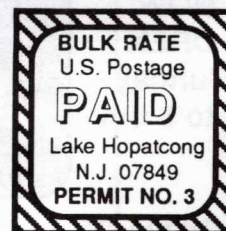
663-0800

- Extensive Inventory
of Contact Lenses
and Supplies
- Children's Eye Exams •
• Vision Therapy •

Day, Evening or Sat.
Appointments

694 Route 15 South (Just After Burger King) Jefferson Township

Lake Forest Yacht Club
P.O. Box 217
Lake Hopatcong, NJ 07849



CARRIER ROUTE PRE-SORT