

# LAKE FOREST CLUB

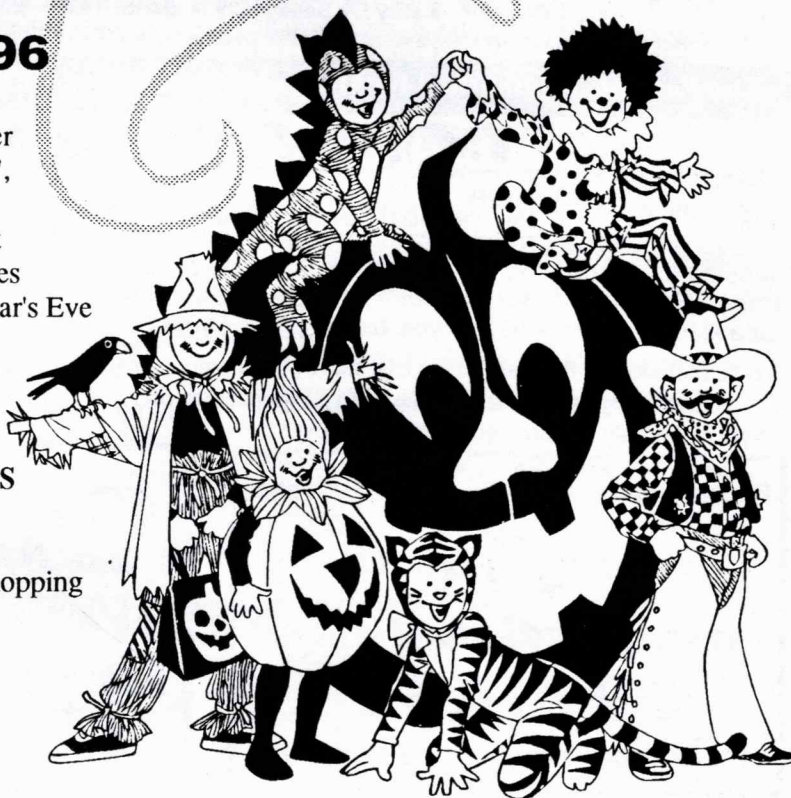
P O R T L A N D W I S

## October 1996

Oct. 27 ..... Halloween Party,  
..... 4-6pm, 13 & under  
Nov. 15 ..... "Just a Night Out",  
..... 8-11pm, adults  
Dec. 15 ..... Holiday Breakfast  
..... 9-noon, for families  
Dec. 31 ..... plan your New Year's Eve  
..... around the Club,  
..... see Nov. Porthole  
..... for details

### UPCOMING EVENTS

- Movie or Pizza Night
- Boys Night Out
- Bus Trip to Pennsylvania Shopping Outlets
- Bus Trip to Atlantic City
- Spring Social



## BOARD OF TRUSTEES

|                  |           |               |       |
|------------------|-----------|---------------|-------|
| Bernard Genaud   | Commodore | -4649         |       |
| Bob Drummond     | Secretary | -0074         |       |
| Tom Morris       | Treasurer | -4019         |       |
| Richard Stafford | -2605     | Jeff Bessemer | -1916 |
| Craig Peters     | -5120     | Bob Luongo    | -1793 |

## TRUSTEE COMMITTEE ASSIGNMENTS

|                                 |                    |                                      |
|---------------------------------|--------------------|--------------------------------------|
| <b>BOB DRUMMOND</b>             | <b>TOM MORRIS</b>  | <b>BOB LUONGO</b>                    |
| Land Sale • By-Laws • Insurance | Swim Team • Galley | Budget • Nominating • Grounds/Maint. |

**BERNARD GENAUD**  
Social • Beach  
Welcoming/Membership

**RICHARD STAFFORD**  
Security • 5 Year Plan  
Porthole

**JEFF BESSEMER**  
House • Tennis/Sports/Sailing  
Grounds/Maintenance • Security

**CRAIG PETERS**  
Nursery School • Docks  
Co-Grounds/Maintenance

**LFYC Office — 663-0158 — Tues • Thurs • 8 am to 2 pm • Sat 9 am to noon**

Mrs. Margaret Dam, Administrative Assistant

House Chairman - Grace Bacorn -2944 • Nursery School Chairman - Jayne Petit-Clair -2598

Social Director - Kathy De Sena -1629 • Swim Team - Jim Bashant -3082

Security - to report trespassers • in case of emergency • call Jeff. Twp. Police 697-1300

**The Porthole is published by MG LaserPublishing. Ad Info - Marlene 663-4649**

## **BABYSITTERS**

| Red Cross        |     |           |       | Red Cross        |     |           |       |
|------------------|-----|-----------|-------|------------------|-----|-----------|-------|
| name             | age | certified | phone | name             | age | certified | phone |
| Jessica Levinson | 12  | yes       | 1383  | Lydia Oser       | 15  | yes       | 5820  |
| Robyn Faruolo    | 13  | yes       | 2166  | Elaine Sutcliffe | 17  | —         | 0632  |
| Lisa Greene      | 16  | yes       | 1128  | Lydia Seeland    | 12  | yes       | 1693  |

To be included on the Babysitters List leave your name, age, phone, whether you've completed the Red Cross Babysitting Class on the answering machine 663-4649. (LFYC membership required.)

Repairs

Restretch



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- Bundy alto sax, exc cond. \$365, call Vern -4120
- FREE wall-mounted DP Gym Pack 2500 exercise bench w/weights, also men's 10 spd. bike \$25, call Marilyn 0348
- 2 pc. Childcraft white baby furniture \$125; La-Z-Boy rocker/recliner \$30, brown plaid rocker \$20, call Debbie -2539
- Moving Sale: 5 hp chipper/shredder, furniture, books, lawnmower, hedge trimmer, edger, whip, yard tools, wheelbarrow, 3 air conditioners, 2 yr. old wash/dryer, office partitions & cabinets, call Bob 1815
- JennerFit power trainer, 40 diff. exercises, 1 yr old, exc. cond, 1/2 price = \$170, call Janet -1267
- Basstender II fishing boat, 10ft, live well, lights, 2 swivel seats, 165 lbs, like new, \$550 or BO, call Warren -3949
- White -Westinghouse front loading washer, bottom unit of washer/dryer stackables, exc. cond. \$225, call Hank -4378
- waterbed, dark pine, queen w/6 drawers, bkcase headbd, \$150 or BO, call Nancy 0342 or -1764
- "Hooked on Phonics" used 2-3x; "Hooked on Math" unopened; ea. @ \$100; math & reading head start PreS thru Gr. 2; call Michael or Nora -0750
- 1976 16 ft. Bowrider, 85hp Merc outboard, '90 galvanized trailer, all very good cond, \$2,000, call MaryAnn -0492
- king-size waterbed, dark pine, Waveless mattress, mirrored headbd, ped base w/drawers, \$200, Kim -0267
- Carlson Glastron 140 I/O w/trailer, \$5K, Tom 0267
- rowboat w/oars, good cond, \$200, Bruce -5211
- 1 yr old Sears snowblower, elec starter, paid \$419.99 sacrifice at \$285; Emerson Quiet-Kool A/C, 1 yr old \$325; baseball & basketball memorabilia, all reasonable, hundreds of record albums, -Moving Sale/Must Sell/Make Offer, Glenn -5882
- bumper pool table \$150; 5 antique bentwood chairs \$125; call Jane -1703
- 24' travel trailer, good cond, liv. rm, bdrm, bathw/shower, kitchen w/apps, \$4000, call Marc -5551

## **HOUSES/CONDOS FOR SALE/RENT BY OWNER**

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# MEET THE TRUSTEE NOMINEES

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**GLENN DESANTIS** I have lived in Lake Forest for seven years with my wife Debi and children Dana, Amanda and Joey. A large part of our decision to move here was the lake and LFYC. The community has been everything I had hoped it would be. We have thoroughly enjoyed the benefits and many different functions and organizations of the Club. With a young family we seem to never stop running, but often we are with friends from LFYC.

I was part of the 1993-95 Trustee Boards and enjoyed the involvement in the Club. The position gave me the opportunity to meet many people of our community that I would not otherwise have met. For many years LFYC has had volunteers working to maintain and improve the facility—I, again, would like to be a part of that dedicated group.

**PAUL MURRAY** My family and I have lived in Lake Forest since 1988 and in the area since 1983. The Club, with its activities and sense of community is unmatched anywhere. We count ourselves very fortunate to live in an area which offers so much.

My hope in returning to the board would be to combine my past experience as a Trustee and Commodore with that of the other trustees and help the Club continue its very successful path.



**MARTIN TREW** My name is Martin Trew. I am married to Kathy and we have two children., Michael aged 10 and Sarah aged 7. We have lived on Ripplewood Drive for 3 years and in Lake Hopatcong, for a total of 10 years. I am currently a Trustee of the Hurdstown United Methodist Church and a Webelos Cub Scout Leader for my son's den. If elected to the LFYC Board of Trustees I would like to work on improving security at the Club, especially during the off-season, and helping to ensure a regular maintenance program is carried out to maintain and enhance Club property.



**JOHN VENINATA** My name is Vincent John Veninata, but everybody knows me by my middle name, John. I moved to Lake Forest in July 1994 with my wife Karen, and our 6 year old twins, Eryn and Johnny. We reside on Ripplewood Dr. I am originally from North Caldwell and my wife is from the Oak Ridge section of Jefferson Township. I am the Director of Engineering for a small telecommunications company located in Whippany.

We joined LFYC as soon as we moved in and have enjoyed many of the planned functions. As well as the day to day activities of the Club. As Trustee, I hope to contribute my ideas and to help the Club run as smoothly and efficiently as possible.





# *Season's Greetings*

**THE HOLIDAYS ARE COMING!**  
**GET YOUR SHOPPING DONE EARLY**  
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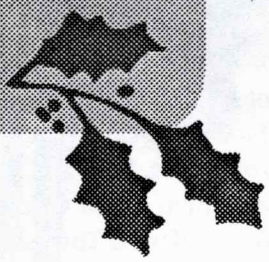
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## RECREATION/SOCIAL NEWS

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Summer has finally come to an end and fall has arrived. My endless thanks to all of our members that volunteered their time and services throughout the summer and helped make our social events run much smoother. If our community continues to work together and share the responsibility or responding on time, helping and lending a hand when needed on occasion, and simply pitching in, our social events will be enjoyed by all. If we all work together, we can sit back and relax together. Well, the days are still sunny and warm and the evenings boast crisp, cool air. The kids are settled into their school routine, while we parents are slowly recovering from the summer madness. We now have time to think of the months ahead. The Club has not gone into hibernation yet: here's a fall schedule, please mark your calendar.

- Halloween Party – Sunday, Oct. 27 from 4 to 6 pm. Games, costume parade and treats for children 13 years and under. (Volunteers needed for baking.)
- Just A Night Out – Friday, Nov. 15, 8 to 11 pm, BYOB, light munchies available, adults only.
- Holiday Breakfast – Sunday, Dec. 15, from 9 am to noon. For the whole family.
- New Year's Eve Festivities – Watch the November Porthole for details.
- Coming Up – Movie/Pizza Night, Boys Night Out, Bus trips to PA & AC, Spring Social.

We are desperately seeking new ideas from the community — your input is important, please let us know. Tell any one of our Trustees, Margaret, or of course me. Enjoy!

Thanks, Kathy DeSena

# Jerry Ochs

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Lk. Hopatcong**

**Oct. 27  
4-6pm**

# Halloween Party



**Games • Costume Parade • Treats**

member children 13 & under  
volunteers needed for baking

## THE SPINE: KEY TO YOUR HEALTH



The spine is the key to the body's sustained good health according to researchers\* and posture is a window to the health of the spine. The importance of posture should never be minimized. A recent study on posture concluded that, "Posture affects all human function... from breathing to thinking."\* In order to make more people aware of the importance of the spine and posture and to introduce new families to the many benefits of chiropractic care, we offer a **FREE** spinal health class every Wednesday at 7 PM in our office.

To find out how modern chiropractic care can help your body to achieve maximum health and function, call our office to schedule a health class and initial examination today.

\*American Journal of  
Pain Management Vol.  
4, No. 1, January 1994

## Lake Hopatcong Family Chiropractic

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**Chiropractic - 100 years old  
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## COMMODORE'S MESSAGE

Congratulations to the new Trustee nominees: Glenn DeSantis, Paul Murray, Martin Trew and John Veninata. The current Board of Trustees has extended an invitation to the nominees to attend and participate in the selection of next year's Beach Director and other issues of importance to the Club to facilitate a smooth transition in December.

Coming at the end of October is a holiday we all enjoy—Halloween. A party is planned at the Club for member's children 13 and under including games, a costume parade and treats. We remind parents that Halloween sometimes brings unwelcome "celebration" from some of the younger members of our community. Please, parents, know where your children are and what they are doing Mischief Night and Halloween Night. This consideration of your neighbors and community will be appreciated by everyone.

Concern about our youth and community has led the Trustees to request input from the membership—and possibly a vote—at the Dec. Annual Meeting about a community curfew for youths. Please give this some thought and offer your opinion at the meeting.

Finally, on behalf of the Trustees and all Club members I want to express our deepest sympathy, support and friendship to Michael and Nadine Sutcliffe and their family for the terrible loss of their son Colin.

Colin had many friends who paid their respects to him and his family in their own ways. To them we also express our condolences and our sincere desire to help them accept this sad passage while continuing to learn and grow.

Bernard Genaud—Commodore

## NURSERY SCHOOL NEWS

Another year is underway at L.F.N.S. We bid a fond farewell to Mrs. Pat McGraw who has given

We wish to express our sincere thanks to all our friends and neighbors for the flowers, food and cards of sympathy sent at the death of our son and brother Colin Sutcliffe. It is a great comfort to know so many people share our loss.

The Sutcliffe Family

our children 24 dedicated years of love and kindness. We wish her well!

Exciting changes are occurring within our school. We introduced a new teacher Mrs. Susan Mathiasen who is very excited about her new position. Some of you may recognize Mrs. Mathiasen from *Story Time* at the Jefferson Township Library. Mrs. Mathiasen has many new and exciting plans for our children's school year.

October will be bringing us a visit from our local fire department during fire prevention week. Our first field trip will be to Ideal Farms in Lafayette to pick pumpkins, go on a hayride and visit the petting zoo.

The end of the month will bring us Officer Eric to educate the children on Halloween safety and on October 31st the children will celebrate Halloween with a big party and parade!

More exciting things to come!!

Jayne Petit-Clair – LFNS Chairman

### ATTENTION!

We can tell it's the end of the beach season by more than the changing of leaf color—the assortment of colorful dishes and bowls left behind at the summer season's Beach Picnics and Camp-A-Ree has risen to a towering height. Please see Margaret or Kathy to seek your stuff.

**Please check your cabinets** for a large, beige, Pyrex bowl—if you mistakenly took this home please call Margaret or Kathy, the owner misses it desperately!

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## NICK'S Restaurant & Pizzeria

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# TRUSTEE'S MTG. MINUTES

*Synopsis of October 8, 1996 LFYC Board of Trustee's Meeting*

**JTPD visit w/Trustees** Officer Eric Wilsusen informed Trustees of rights & obligations of Club regarding trespassers/criminal intrusion; suggesting community patrols.

**Nominating Committee** Nominees will be presented in October *Porthole*.

**Beach** Two applicaitons received for beach director for 1997. Committee including present Board & nominees will review job description, applicants.

**Maintenance** Galley winterized, heating unit serviced & fence installed, roof repairs to begin with bids, electrical installation & repair on-going, club interior to be painted by LFNS fathers.

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# THE SPORTING LIFE

Michael Stewart 663-2241

Have you started to prepare for the ski season? If you have never skied before but you want to continue to enjoy the outdoors and have good aerobic and muscle toning fun, then crosscountry skiing is the way to go. Crosscountry skiing does not require the training and the costly equipment of downhill skiing, so it is much faster and more economical to start participating. Now is the time to start thinking about enjoying this great sport.

If you have never taken part in cross country skiing, or have not done so in a long while, I would suggest that you start by renting equipment. The places that rent equipment, and sell it, can help you choose the correct fit. Remember that in every sport where the equipment that you wear is directly used to participate, the fit is crucial. The results of improper fit may range from nothing more than a sore spot and a turn-off to the sport to a real disaster that causes injury. In this case there would probably be nothing more than sore feet.

There are places where you can take lessons, or, if you feel confident, you can do it on your own. Perhaps you have a friend who already knows how to crosscountry ski and can get you started. Just remember that if you can walk, you can do this kind of skiing. If you are someone who cannot walk but want to participate, then you already know that it will require some special modifications, but it can be done.

You have so many choices of what to do when you do crosscountry: You can go over a trail that has machine-set tracks, you can break your own trails on streets after a heavy snow fall,

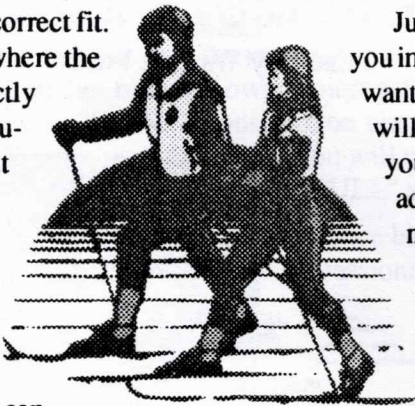
you can break a trail in the woods on or off of a path, you can even go on downhill ski trails with special skis and bindings.

Basically, crosscountry uses your skis in a fashion similar to skating and poles to help you push yourself along. Generally speaking, it is a kick and glide motion with the poles helping you to kick. Your feet are "bound" to the skis with bindings, but not in the rigid set of the downhill boot and binding, otherwise you could not move very well on the flat or nearly flat areas where you will ski. Crosscountry is sometimes referred to as Nordic skiing because it seems to come from the Norway and Sweden area.

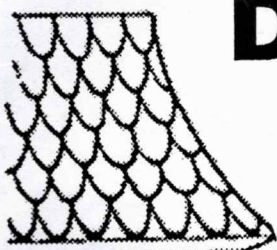
Just as the weather could not keep you in the house this summer when you wanted to walk or run, the weather will not keep you in the house when you want to ski. Just as you had to adjust your clothing to the summer, you will have to adjust to the winter. When you crosscountry, you do not want to wear the same type of clothing that the downhillers wear because really is too warm. You want

to wear layers of light clothing that you can open or even remove easily and still have something on. It may be very cold, however, and the wind may be blowing so that it is very chilly on exposed skin. In other words, don't let yourself get frostbitten.

If you take up crosscountry, when next summer comes you can get back on the road as though you never had a break, and you will have had some marvelous times staying in shape. I'll look for you as I ski around the area this winter.



# DON'T LET THIS HAPPEN TO YOU!



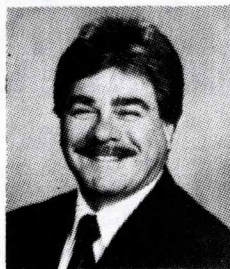
## AVAILABLE HOMES:

|                        |              |           |
|------------------------|--------------|-----------|
| 111 East Shawnee Trail | 3 BR Split   | \$139,900 |
| 136 East Shawnee Trail | Lake Front   | 149,900   |
| 41 Ripplewood Drive    | Lake Front   | 269,900   |
| 63 West Shawnee Trail  | 2 BR Starter | 109,900   |
| 34 Reservoir Road      | 3 BR Cape    | 129,500   |
| 59 Woodlawn Terrace    | 2 BR Split   | 139,900   |
| 15 Mason Street        | 2 BR Starter | 110,900   |

## RECENTLY SOLD HOMES:

|                       |                 |        |
|-----------------------|-----------------|--------|
| 2 Ripplewood Drive    | Lake Forest     | U/C    |
| 85 East Shawnee Trail | Lake Shawnee    | Closed |
| 19 Yacht Club Drive   | Lake Forest     | SOLD   |
| 5 Windjammer Drive    | 4 BR, 2.5 baths | SOLD   |

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## JIM'S GARDEN SPOT

This is leaf rakin' month. It is very important not to let fallen leaves remain too long on your lawn, paved surfaces, or vehicles. On your lawn, they form a mat that suffocates the grass. When leaves are wet, they release acids that can stain concrete, paving stones and damage vehicle paint.

Now is a perfect time to transplant shrubs and evergreens. It's also a good time to get great bargains on shrubs and evergreens from local garden centers.

This month is the time for planting bulbs for spring flowers. For the most dramatic effect, plant the bulbs in clusters of 10 to 30 depending on the size of the flowers. I plant 25 to 30 crocus bulbs a cluster.

I've been told that shaking bulbs in medicated baby powder keeps squirrels and other animals from digging them up and eating them. I'm going to try it for the first time this year. I know that laying a loose meshed fencing over the bulbs is 100% effective.

Don't forget to wash your flower pots thoroughly before putting them away for next year. Neighbors like a clean environment.

New leaf collection bags are being used this year in Jefferson Township. Last year's plastic leaf collection bags have been replaced by a recyclable paper bag. If you have bags you purchased from the township left over from last year you may turn them in for this year's new paper bags—stop by the municipal garage to exchange them. Leaves left in last year's plastic bags will not be picked up.

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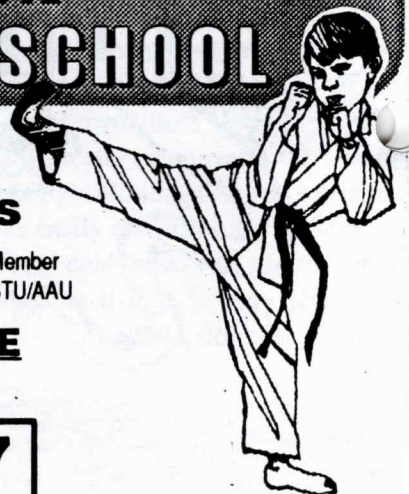
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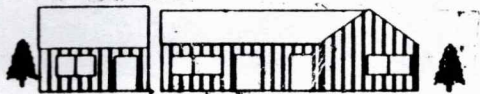
## Hobby Horse Arts & Crafts

Daily 10 am-6pm, Sat. 10-5 pm



Sun. 11am-4PM

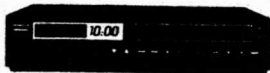
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- Halloween Costumes at Allyson's Wonderland

*Allyson's  
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