



A Typical Day at the Lake Forest Nursery School



- 10 minutes: Table Time: Children sit at craft tables and use manipulative toys
- 5 minutes: Clean Up
- 15 minutes: Circle Time: Activities may include: Hello songs, calendar, weather, flag song, talk about the lesson of the day and the project of the day
- 15 minutes: Project of the Day
- 25 minutes: Free Play: Activities may include blocks, road/cars, playdoh, sand table, books, easels, housekeeping, dress up, workbench, toys on rug, chalk board, games etc.
- 10 minutes: Clean Up
- 10 minutes: Bathroom and Hand Washing
- 25 minutes: Snack and Quiet Book Time – choose books from library to borrow for home use
- 15 minutes: Show and Tell and Story Time
- 15 minutes: Movement – usually outside on the playground
- 5 minutes: Dismissal (get coats if movement is inside)



In addition to the regular curriculum, class trips and parties are each planned four times a year.

